

## Mid-Atlantic Quilt Festival Workshop Catalog

### Jennifer Amor

#### VA001 - Secrets of Stylish Sweatshirt Jackets

Half-Day Workshop - \$50

9 am - 12 pm, Thursday, February 26

You've seen them before: sweatshirt jackets that droop and sag and are anything but fashionable! Learn the secrets to making stylish sweatshirt jackets that not only fit—they're actually figure-flattering! Discover the tricks that will show you how to convert a humble sweatshirt into a lightweight jacket you can wear anywhere. This 3-hour class will cover: what type of sweatshirt works best, how to fit your figure, options for closures, and simple ways to decorate. Create the basic sweatshirt jacket in class, then decorate it at home using your own designs or select one of Jennifer's "Jiffy Jacket" patterns. Materials fee: \$12.50 payable to the instructor in class. Applique kits available for purchase in class.



#### Confident Beginner Level

**Required class kit**, \$12.50 payable to the instructor in class, includes the class pattern. Also available to purchase in class (optional) fabric kits, some with iron-on appliques, and handmade buttons. Costs range from \$15-\$28.

#### Students to Provide

Sweatshirt with SET-IN sleeves, one size larger than you usually wear;  
 sewing machine with zigzag;  
 12"x12" fabric scrap for pressing cloth;  
 thread to match the color of the sweatshirt;  
 seam ripper, pins, scissors;  
 tissue paper to trace pattern;  
 ½ yd fusible web, ½ yd tearaway stabilizer;  
 paper/pencil to sketch design ideas;  
 scraps of large floral print fabrics or other fabrics suitable for cutting out designs for applique, and thread to match or contrast with chosen fabrics.  
 Optional: applique pressing sheet or kitchen parchment paper.

#### Sewing Machine Required

## Mid-Atlantic Quilt Festival Workshop Catalog

### Jennifer Amor

#### VA002 - Moondreams Purse

Half-Day Workshop - \$50

9 am - 12 pm, Friday, February 27

Splashes of 10 dreamy batik colors swirl around this 12"x13" compact shoulder bag. Easy to sew, the bag features a zipper top, two inside pockets and a single padded strap. The beautiful colors swoop across the front and back. Quilting shows off the narrow bias lines between bands of color. Learn the piecing technique in class; finish bag at home. <http://www.jenniferamor.com>

#### All Levels



**Required class kit**, \$3 payable to the instructor in class, includes freezer paper foundation, pattern, and instructions. Optional: Fabric kits available: blues/pinks OR browns \$20 (10 batik strips, fat quarter for bias and lining) order at [jenniferamor@aol.com](mailto:jenniferamor@aol.com).

#### Students to Provide

- 10 batik strips 2½" wide & 44" long (sample uses 2 navy, 3 purple dk/med/lt, 2 med. turquoise/purple and 3 lt turquoise) or browns
- FQ contrasting accent batik for bias swirls
- 3/8 yd fabric for lining (44"x13 ½")
- 5/8 yd fleece or foam style batting

Notions:

14" zipper;

1 yd freezer paper;

sewing and quilting thread;

fine tip black permanent marking pen;

chalk fabric marker

18-24" quilting ruler such as Omnigrid,

18" or larger mat and rotary cutter.

Sewing thread to blend with fabric color or grey.

Sewing machine, spare needles.

General sewing supplies:

scissors,

flower-head long pins,

small hand towel plus 2 pressing cloths,

stitch ripper,

small piece of masking tape.

#### Sewing Machine Required

## Mid-Atlantic Quilt Festival Workshop Catalog

### Greg Barner

#### VA003 - Four Kites

Half-Day Workshop - \$50

9 am - 12 pm, Saturday, February 28

Use a kite template and fabric strips to create scrappy four-kite blocks.

#### All Levels

**Required class kit**, \$35 payable to the instructor in class, includes the fabric to complete the sample, pattern, and kite template.

#### Students to Provide

Sewing machine & accessories

Rotary cutter

Mat

Scissors

Pins

Seam ripper

Neutral thread for piecing

#### Sewing Machine Required



## Mid-Atlantic Quilt Festival Workshop Catalog

### Bobbie Bergquist

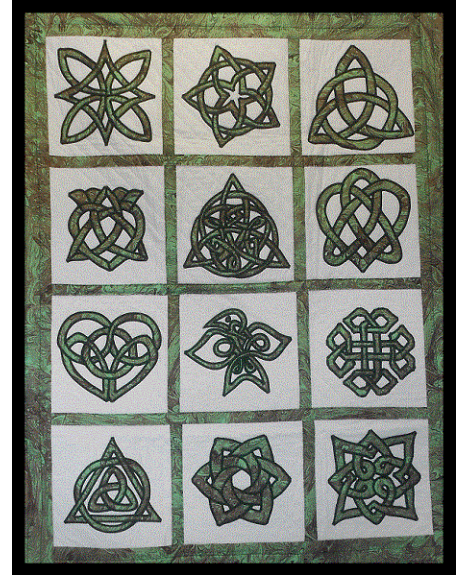
#### VA004 - Celtic Braid Work with No Raw Edges

Half-Day Workshop - \$45

9 am - 12 pm, Thursday, February 26

This technique is fun and easy for beginners to advanced. Learn how to create beautiful Celtic Knots with no raw edges. You will make one of these blocks in class. When you return home, you will add your batting and backing, sew and quilt at the same time. Bobbie will explain how to do this **technique plus Stained-Glass blocks, Zentangle blocks, Instant Stained-Glass blocks, and applique for cheaters.**

**All Levels**



**Required class kit**, \$30 payable to the instructor in class, includes fabric for top, green leadline braid, glue applicator, pattern, directions, USB for using Quilters Treasure Braid. Also available in class (optional), Sixth Finger, \$16.95.

#### **Students to Provide**

- 12" x 12" piece of corrugated cardboard
- Straight pins
- 6th Finger
- Aleene's Tacky Glue
- Plexiglass presser
- 12" ruler
- Mechanical pencil

## Mid-Atlantic Quilt Festival Workshop Catalog

### Bobbie Bergquist

#### VA005 - Being Creative with Tsukineko Inks

Half-Day Workshop - \$45

9 am - 12 pm, Saturday, February 28

Do you have or wonder how to use Tsukineko Inks? Would you like to learn to use both the liquid bottles and the Fabrico Pens? Would you like to know how to create the right colors when you run out of fabrics? Join us and learn the benefits to using Tsukineko water-based inks. They are non-toxic, acid free and achievable. More than 20 techniques are shown using Tsukineko All Purpose Inks and Fabrico Pens. Tsukineko Inks can be used on both natural & manmade textiles with no special fabric preparation. A few of the techniques covered are Marbling & Drawing on Shaving Cream, using Silk Screens & Stencils, using Tone on Tone & Black & White Fabrics, Lace, Faux Shibori, Salt, Crayons, Rubber Stamps, Aloe Vera. Tsukineko Inks can also be used on any porous surfaces; wood, leather, tiles, ceramics, pottery & more. No previous experience is needed and its fun for all ages. We'll give you more ideas to consider like marbling sneakers and socks and show you many samples to inspire you. Most techniques can be done in class, and you will have an opportunity to try these techniques. Instructor will provide sample squares of various fabrics for students to work on.



#### All Levels

**Required class kit**, \$45.00 paid to the teacher in class. Kit includes: USB, various fabrics, 6 bottles of Tsukineko Ink; (red, yellow, blue, green, white & black), work sheet & scraper.

Other colors can be purchased after class @ \$4.95 for colors & \$5.49 for gold, silver, copper, & 3 pearlized inks. There are 45 colors available. Full kits of remaining 39 colors can be ordered prior to class at the show special price of \$170. Please email [joe@quilterstreasure.com](mailto:joe@quilterstreasure.com) requesting these ink kits. These will not be available in class unless previously ordered.

#### Students to Provide

Wear old clothing.

Bring latex gloves if you don't want to get ink on your hands. (Ink is water based and cleans up with soap & water)

1 large zip lock bag, trash bag,

paper towels, tooth picks,

can of shaving cream (lightly or non-scented if possible, Dollar Store works best)

plastic coffee stirrer from fast food restaurant, popsicle stick or similar tool,

small paint brushes, or any other tool you would like to experiment with.

You may also bring additional specialty fabrics or clothing to try.

Contact Joel or Bobbie at [Joe@QuiltersTreasure.com](mailto:Joe@QuiltersTreasure.com) if you have any questions regarding this class.

## Mid-Atlantic Quilt Festival Workshop Catalog

### Ruth Ann Berry

#### VA006 - Hobnob 3D Quilt

Half-Day Workshop - \$50

9 am - 12 pm, Thursday, February 26

Create the illusion of 3D with measured strips cut at 60° angles and assembled in vertical rows. Use an exciting new template to achieve the "wow" effect of 3D faster than ever before with much less cutting and piecing.

#### All Levels

**Required class kit**, \$35 payable to the instructor in class, includes fabric to complete the quilt top, pattern, and specialty template.

#### Students to Provide

60 degree triangle ruler (available to purchase in class, \$10)

#### Sewing Machine Required



## Mid-Atlantic Quilt Festival Workshop Catalog

### Meryl Ann Butler

#### VA007 - Creative Clinic: Innovative Techniques for Wearables and Art Quilts (Amethyst Edition)

Full-Day Workshop - \$110

9 am - 4 pm, Thursday, February 26

“Sister” Creative Clinic workshops are offered on both Thursday and Saturday. Different techniques are taught in each workshop with no overlap; students may take either workshop or both.

Learn the techniques Meryl Ann has used in her award-winning wearables and quilts—they look so complex but are much easier than they look! She will share innovative timesaving methods combined with clever color and design techniques that will jazz up any garment or art quilt!



Beginner, intermediate, and advanced versions of the techniques will be offered so each student can work at her comfort level.

You’ll have fun learning valuable tips and methods as you complete several decorative units. Meryl Ann will demo a variety of ways that these units can be used in wearables and art quilts. You’ll leave with decorative units and the creative inspiration to use them in projects you continue at home!

Included in Thursday’s “Amethyst” workshop: Undulating Strips, Clever Checkerboard with Variations, Turbo Geese, Decorative Ribbon Strips, Quick and Easy Pinwheel Background, Faux Piping, Mock Cathedral Windows, Value Contrast Tips (with interactive chart), and more!

#### All Levels

**Required class kit**, \$24 payable to the instructor in class, includes 24-page illustrated instruction manual, some fabrics, supplies, and notions. (Note: manual and kit supplies are different for each of the “sister” workshops. Optional: Some Cherrywood 8-step bundles will be available for sale in the classroom at Cherrywood’s standard prices, (cash only.)

#### Students to Provide

Sewing Machine and Accessories

Basic Sewing Supplies

Scissors (Paper and Fabric)

Fine Line Fabric Markers: Chalk, Micron, and/or Sharpie, etc.

Rotary Cutter (bring your own mat if desired, four large mats will be available to share.)

Long rulers (several 6” x 24” rulers provided; you may bring yours, or a smaller size.)

A couple of smaller rulers (about 3” - 6.5” square, as desired.)

## Mid-Atlantic Quilt Festival Workshop Catalog

### **CONTINUED: VA007 – Creative Clinic: Innovative Techniques ... (Amethyst Edition)**

10-24 plastic sheet protectors (for organizing instructions, templates, patterns & small fabric pieces. Two are provided in kit. Optional: 3-ring binder for sheet protectors.)  
Optional but useful: Highlighter marker

Set of 8-Step Hand Dyed Gradations in your choice of colorway. (Cherrywoodfabrics.com is recommended.) A FQ bundle is enough for the workshop, but if you plan to expand the project at home, you may want half yards. If you take both of the “sister” workshops (on Thursday AND Saturday), the half yard bundle is recommended. International students may make arrangements for me to bring their prepaid bundle to class, please email [merylannb@gmail.com](mailto:merylannb@gmail.com) with subject: MAQF 2026 CHERRYWOOD.)

Thread to coordinate with your selected colorway

Optional: Zipper foot (Thursday/Amethyst Workshop only)

**Sewing Machine Required**

## Mid-Atlantic Quilt Festival Workshop Catalog

### Meryl Ann Butler

#### VA008 - Creative Clinic: Innovative Techniques for Wearables and Art Quilts (Emerald Edition)

Full-Day Workshop - \$110

9 am - 4 pm, Saturday, February 28

“Sister” Creative Clinic workshops are offered on both Thursday and Saturday. Different techniques are taught in each workshop with no overlap; students may take either workshop or both.

Learn the techniques Meryl Ann has used in her award-winning wearables and quilts—they look complex but are much easier than they look! She will share innovative timesaving methods combined with clever color and design techniques that will jazz up any garment or art quilt!



Beginner, intermediate, and advanced versions of the techniques will be offered so each student can work at her comfort level.

You’ll have fun learning valuable tips and methods as you complete several decorative units. Meryl Ann will demo a variety of ways that these units can be used in wearables and art quilts. You’ll leave with decorative units and the creative inspiration to use them in projects you continue at home!

Included in Saturday’s “Emerald” workshop: Three Easy Options for Half Square Triangle Units, EZ Fantastic Fan with Edge Variations, Seminole Flip, Piped and Glitzed Prairie Points, Color Contrast Tips (with interactive chart), and more!

#### All Levels

**Required class kit**, \$28 payable to the instructor in class, includes 36-page illustrated instruction manual, some fabrics, supplies and notions. (Note: Manual and kit supplies are different for each of the “sister” workshops. If you take both workshops, you will need both kits.) Some 8-step gradation bundles will be available for sale in the classroom at Cherrywood’s standard prices, cash only.

#### Students to Provide

Sewing Machine and Accessories

Basic Sewing Supplies

Scissors (Paper and Fabric)

Fine Line Fabric Markers: Chalk, Micron, and/or Sharpie, etc.

Rotary Cutter (bring your own mat if desired, four large mats will be available to share.)

Long rulers (several 6” x 24” rulers provided; you may bring yours, or a smaller size.)

A couple of smaller rulers (about 3” - 6.5” square, as desired.)

## Mid-Atlantic Quilt Festival Workshop Catalog

### **CONTINUED: VA008 – Creative Clinic: Innovative Techniques ... (Emerald Edition)**

10-24 plastic sheet protectors (for organizing instructions, templates, patterns & small fabric pieces. Two are provided in kit.

Optional: 3-ring binder for sheet protectors.)

Optional but useful: Highlighter marker.

Also a 2.5” square ruler is very helpful but optional (Saturday/Emerald Workshop only)

Set of 8-Step Hand-Dyed Gradations in your choice of colorway. (Cherrywoodfabrics.com is recommended.) A FQ bundle is enough for the workshop, but if you plan to expand the project at home, you may want half yards. If you take both of the “sister” workshops (on Thursday AND Saturday), the half yard bundle is recommended. International students may make arrangements for me to bring their prepaid bundle to class, please email [merylannb@gmail.com](mailto:merylannb@gmail.com) with subject: MAQF 2026 CHERRYWOOD.)

**Sewing Machine Required**

## Mid-Atlantic Quilt Festival Workshop Catalog

### Carol W Clanton

#### VA009 - 3-D Baltimore Applique Techniques Revisited

Full-Day Workshop - \$80

9 am - 4 pm, Friday, February 27

Have you always wanted to create those 3-D Baltimore effects we find in Baltimore Style Appliqué Quilts? This is a fun introductory class where you will learn several of those techniques and how to incorporate them into this 12" block. In the first half of the workshop, you will learn how to make an overlay design for your block and the 3-D techniques. In the afternoon, Carol will help you prepare your appliqué pieces for stitching and teach you the needleturn technique that you can use to stitch down the appliques. All sewing is done by hand.

#### All Levels

**Required class kit,** \$10 payable to the instructor in class is the workshop pattern and worksheet.

#### Students to Provide

**BEFORE CLASS** cut the following:

- 13 ½" square of background fabric
- Strip of fabric 1 ½" x width of fabric for construction of Ruched Rose
- Strip of fabric 1 ½" x 10" for construction of Middle of Ruched Rose

**Fabric:** Lighter weight 100% cotton fabric works best for the Ruched Rose construction. Choose various shades of green for leaves and buds, various colors of your choice for the other flowers – no bigger than half of a fat quarter needed, except for construction of the Ruched Rose (see above)

**Thread:** Hand Quilting Weight Thread for Ruched Rose construction. **NO RAYON THREAD!** 50 wt. thread for actual appliqué to match the appliqué fabric colors.

**Needles:** Your favorite needle to use with the quilting thread for the Ruched Rose. For the actual appliqué, a slim needle size 10 to 12 in a sharp or milliner needle is good.

**Other supplies:** Small ruler (no bigger than 12 inches), appliqué pins, embroidery scissors, small paper scissors, fabric marker/pencil of your choice for tracing fabric and marking fabric, 3 binding clips, freezer paper, light box (optional), any other sewing supplies that make you happy!



## Mid-Atlantic Quilt Festival Workshop Catalog

### Carol W Clanton

#### VA010 - A Vintage Poppy Made New

Half-Day Workshop - \$60

9 am - 12 pm, Saturday, February 28

Inspired by a 1920s “Poppies” quilt, this 3-hour workshop is perfect for beginners or seasoned stitchers. Using minimal supplies, learn needleturn appliqué using bold red and green fabrics to create a 12" block. Big, easy-to-handle shapes make it stress-free and satisfying. You'll leave with the skills and confidence to finish the block at your own pace. All Stitching Done by Hand.

#### All Levels



**Required class kit**, \$10 payable to the instructor in class, is the workshop pattern and worksheet.

#### Students to Provide

##### BEFORE CLASS:

Cut 13" square out of background fabric. (Finished block will be 12 ½") Cut a bias strip 16" x 3/4" for the stems.

##### SUPPLY LIST

**Fabric:** This is a good time to use your stash. Choose 100% cotton red and green fabric in a variety of light and dark tones. For example, the leaves are sewn using one light and one dark green fabric. The poppy calls for shades of red and a little bit of purple or very deep red. Background should be a light color (white shows off the applique).

**Thread:** 100% cotton 50 wt. thread to match your appliques, not your background fabric. If you cannot find the color in cotton you can also use polyester covered cotton. Aurifil has a 100% cotton 80 wt. thread that works well also.

**Needles:** A long slim needle works best for needleturn. Size 10 to 12 Sharps or Milliner needles work well.

**Other Supplies:** Freezer paper, small paper scissors, fabric marker/pencil for tracing pattern and marking fabric, embroidery scissors for fabric, ½" or ¾" applique pins, toothpick, thimble if you use one, light box (optional), and any other sewing supplies that make you happy!

## Mid-Atlantic Quilt Festival Workshop Catalog

### Carol W Clanton

#### VA011 - Fluttering Florals

Half-Day Workshop - \$60

1 pm - 4 pm, Saturday, February 28

In this workshop, choose a diamond or circular design to create your own butterfly garden. There are no small appliques to stitch down. Instead, groups of flowers, butterflies, and other motifs are cut from a printed fabric. Using the motif outline as a guide, the motifs are sewn onto a background using a simple hand stitch. This is the perfect workshop to introduce you to the Broderie Perse appliqué technique. All Hand Sewing.

#### All Levels

**Required class kit**, \$10 payable to the instructor in class, is the workshop pattern and worksheet.

#### Students to Provide

##### BEFORE CLASS

Cut out a 13 ½" square from your background fabric.

**FABRIC**- ½ yard of 100% cotton fabric for motifs and a 13 ½" square for background. The size of the block will be 12 ½" when it is squared up. The 13 ½" block allows for shrinkage when hand sewing. Choose a favorite floral pattern. It can be printed with individual and/or groups of flowers. The flowers should be between 1 ½" to 3". Several different fabrics can be used. In the sample blocks I used a floral print and another piece of butterfly fabric. The flowers are about 2 ½" in diameter. Strive to have your background close in color to the background of your motif fabric. However, if that is not possible, the motif background will create another dimension to your design.

**NEEDLE**- Sharp or Milliner size 10 to 12. My favorite is size 11. If you have an appliqué needle that you prefer, that is fine.

**THREAD**- Cotton or cotton-covered polyester to blend with your motifs and/or background. Size 50 or 60 is good. Aurifil has a size 80 especially for appliqué.

**OTHER SUPPLIES**- Appliqué pins, washable fabric glue stick (Elmer's) or glue (like Roxanne), toothpick, fabric marker, thimble (if you use one), small ruler, a light box (optional), and any other supplies that will make you happy



## Mid-Atlantic Quilt Festival Workshop Catalog

### Vickie Clontz

#### VA012 - Needle-felt Dragon

Half-Day Workshop - \$50

9 am - 12 pm, Thursday, February 26

Needle-felt a sweet little dragon to keep you company as you sew - he can even be used as a pincushion! We'll start with a pre-felted wool base and add the extra features: head, neck, wings, and spiky tail. Each student's dragon will have its own unique personality. A great project for both the confident beginner and the more experienced felter.

#### All Levels



**Required class kit**, \$20 payable to the instructor in class, includes all wool fibers, pre-felted wool core base for body, 2 black beads for eyes, pattern, and instructions. Also available for purchase in class: Single felting needle (\$2.75), 3-needle felting tool (\$17.00), 2 leather finger-guards (\$8.00), 2" foam pad for needle-felting (\$5.00), refill felting needles for multi-needle felting tool (\$10.75) Please email Vickie before class if you need supplies to be sure I have enough extra supplies at [annieskeepsakes@carolina.rr.com](mailto:annieskeepsakes@carolina.rr.com).

#### Students to Provide

- 1 (or more) single felting needle size 36 or 38
- a multi-needle felting tool (I like the 3-needle pink pen by Clover)
- 2" thick sturdy foam pad for needle-felting at least 7" square
- long thin needle and black thread to sew on bead eyes
- a few pins
- paper scissors
- optional: finger guards for needle-felting, band-aids in case you poke yourself.

## Mid-Atlantic Quilt Festival Workshop Catalog

### Cynthia England

#### VA013 - Patriotic Pooch

Full-Day Workshop - \$105

9 am - 4 pm, Thursday, February 26

Did you know that 2026 is our nation's 250th birthday? Celebrate by creating this cute Patriotic Pooch! This is a great introduction to Cynthia England's Picture Piecing technique. One of her easiest designs! Not foundation piecing; no paper to pick out and sew right sides together as usual.



#### All Levels

**Required class kit**, \$40 payable to the instructor in class, includes pattern and all fabric needed for the wall hanging top, including borders and binding. Backing and batting not included.

#### Students to Provide

Basic sewing supplies: scissors, straight pins, seam ripper.

Around 10 ziplock baggies

Plastic shallow lid (like the top of a plastic shoe box lid).

Light gray thread for piecing

Sewing machine and accessories

#### Sewing Machine Required

## Mid-Atlantic Quilt Festival Workshop Catalog

### Cynthia England

#### VA014 - Cat Nap

Full-Day Workshop - \$105

9 am - 4 pm, Friday, February 27

Learn how to sew realistic pictures using only straight lines while making this cute gray tabby lounging on a quilt. This is not foundation-pieced; there is no paper to pick out! Let award-winning quilter Cynthia England share her unique sewing technique. She'll include lots of tips and tricks to make things easy!

#### All Levels

**Required class kit**, \$37 payable to the instructor in class, includes pattern and all fabrics needed for wall hanging, including borders and binding. Backing and batting not included.

#### Students to Provide

Basic sewing supplies: scissors, straight pins, seam ripper.

Around 10 ziplock baggies

Plastic shallow lid (like the top of a plastic shoe box lid).

Light gray thread for piecing

Sewing machine and accessories

#### Sewing Machine Required



## Mid-Atlantic Quilt Festival Workshop Catalog

### Cynthia England

#### VA015 - Pelican

Full-Day Workshop - \$105

9 am - 4 pm, Saturday, February 28

Join Cynthia and learn her award-winning Picture Piecing technique. She will share her tips and tricks for beautiful realistic designs with no curves, no set-in seams, no tracing, and no pesky papers to pull out! This technique will revolutionize your quilt making, and you'll leave with something to be proud of.

#### All Levels

**Required class kit**, \$41 payable to the instructor in class, includes pattern and all fabric needed to complete the wall hanging top, including borders and binding. Backing and batting not included.

#### Students to Provide

Basic sewing supplies: scissors, straight pins, seam ripper.

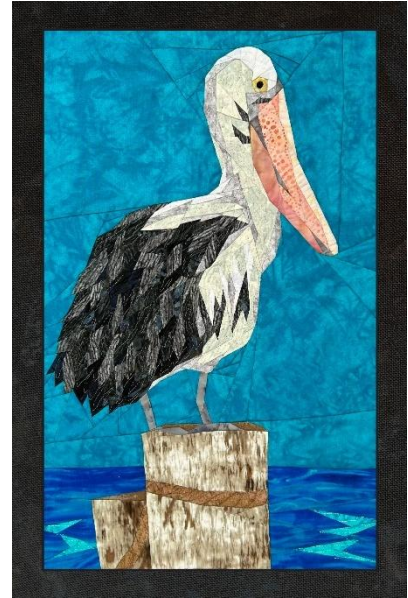
Around 10 ziplock baggies

Plastic shallow lid (like the top of a plastic shoe box lid).

Light gray thread for piecing

Sewing machine and accessories

#### Sewing Machine Required



## Mid-Atlantic Quilt Festival Workshop Catalog

### Deborah Gansberger

#### VA016 - Beginning Foundation Piecing

Half-Day Workshop - \$60

1 pm - 4 pm, Thursday, February 26

Learn the fundamentals of foundation/paper piecing making the Pineapple Block. Tips and tricks for making perfect blocks every time. This block is so versatile; scraps are traditional but if you want a modern look, color-play has endless possibilities. It will all be discussed in this intro class.

#### Beginner Level

**Required class kit**, \$10 payable to the instructor in class, includes Foundations (3 blocks) and detailed instructions. Plus a "Grippy Straight Edge." Please contact [deb@ezpiecing.com](mailto:deb@ezpiecing.com) prior to the class to reserve your kit.

#### Students to Provide

Sewing machine & accessories

Fabric strips 1 3/4" wide in varying lengths; 4 1/2" being the shortest and 8" the longest.

Longer strips can be used and cut to length in class. Plus several scraps for block centers and corners, measuring at least 8" x 8".

Cutting mat,

rotary cutters,

rulers,

Add-A-Quarter ruler(s), (available to purchase in class: Add-A-Quarter Ruler 6" - \$8.00 Add-A-Quarter Ruler 12" - 10.00)

small iron and mat (optional),

pins,

scissors,

plus any other general sewing/quilting supplies.

#### Sewing Machine Required



## Mid-Atlantic Quilt Festival Workshop Catalog

**Deborah**

**Gansberger**

**VA017 - Advanced**

**Foundation Piecing**

Full-Day Workshop - \$95

9 am - 4 pm, Saturday,

February 28



In this advanced class, we will be sewing curved seams and matching slightly more difficult than normal points. We will discuss techniques, tips, and tricks to make this a much easier process with outstanding results. The dreaded curved seams will be amazingly smooth and simple with our technique.

**Intermediate - Advanced Level**

**Required class kit**, \$12 payable to the instructor in class, includes foundation for the table runner plus the pattern with detailed instructions and a Grippy Straight Edge. Please contact [deb@ezpiecing.com](mailto:deb@ezpiecing.com) prior to the class to reserve your kit.

### **Students to Provide**

Sewing machine & accessories

To make the Wedding Star Table Runner, you will need:

If using Ombre Fabric for rings, 1 yard or Yardage 1/4 yard of 8 different fabrics plus 1/8th yard of 2 fabrics for ring ends.

Stars - Light and Medium 1/2 yard each

Background and Binding - 2 yards

Other supplies for the project:

backing (finished runner measures 18" x 54")

Add-A-Quarter Ruler (available to purchase in class: Add-A-Quarter Ruler - 6" - \$8 Add-A-Quarter Ruler - 12" - \$10

Rotary cutter and mat

Small iron and mat - optional

scissors

acrylic ruler

general sewing supplies (pins, ripper, etc.)

### **Sewing Machine Required**

## Mid-Atlantic Quilt Festival Workshop Catalog

### Paula Golden

#### VA018 – Binding Basics

Full-Day Workshop - \$95

9 am - 4 pm, Thursday, February 26

Scalloped binding, curved or straight edges and perfect 90° corners will be at your fingertips! Discover the best finishing techniques for you and your quilt. Bonus: learn to join the ends for a beautiful seam. You will complete samples of each technique and bring home a "binder of bindings" for easy future reference. This class is perfect for the beginner, but offers abundant tips for the experienced quilter as well.

#### All Levels

**Required class kit**, \$20 payable to the instructor in class, includes all fabric strips, pre-quilted fabrics, notebook and handouts for class.

#### Students to Provide

Sewing machine in good working order, manual (!)

WALKING / EVEN FEED foot for your machine (mandatory),

1/4" foot

Rotary cutter, ruler (6" x 24" with 45-degree line), and mat

Basic sewing kit: sewing needles: machine and hand, paper and fabric scissors, seam ripper, mechanical pencil, 100% cotton sewing thread, straight pins, fabric eraser, band aid, 6" ruler, Pigma pen: any color

#### Sewing Machine Required



## Mid-Atlantic Quilt Festival Workshop Catalog

### Paula Golden

#### VA019 – Once Upon a Stitch: Creating a Small Story Quilt

Full-Day Workshop - \$95

9 am - 4 pm, Friday, February 27

Gather up the bits and pieces of treasured fabrics (and scrapes, including left over blocks or blocks that did not turn out as expected) and turn them into a small story quilt (5" x 5"). We will use a variety of hand stitches to complete the "story" which we will develop as we continue this free form style. No machines required. You will leave with a piece of art ready to hang on the wall!

#### All Levels

#### Students to Provide

Basic sewing kit to include:

Scissors

fabric (see below)

Thread: sewing thread, embroidery and wool threads..... what you have on hand

Straight pins

Sewing and embroidery needles

Background fabric 8" x 8" Scraps: coordinating (or not) fabrics, leftover pieced blocks to cut up

Embellishments: intriguing bits and pieces gathered over the years: buttons, trims, beads, whatnots

Needle threading aide, if needed

Mechanical pencil

Fabric eraser

Seam ripper

Small ruler

Band-aid

Sewing light: in case the room lighting is not bright enough

## Mid-Atlantic Quilt Festival Workshop Catalog

### Joyce Hughes

#### VA020 - Sketch, Color and Quilt

Full-Day Workshop - \$95

9 am - 4 pm, Thursday, February 26

Discover the Fun of Free Motion Sketching! Take a simple drawing, color with fabric safe colored pencils to add detail and shading. Finish with Free Motion Sketching to detail the design! This is a great way to show your creativity with no RULES! There are no wrongs or rights, just FUN!

#### All Levels

**Required class kit**, \$50 payable to the instructor in class, includes 1-12 x 14 white Fabric (PFD fabric), Threads- Black and White, Pattern, Kit-Mechanic Pencil Prismacolor Pencils-Botanical Set, Prismacolor Blender Pencil, Sharpener, Erasers, Make-Up Pads



#### Students to Provide

- Machine in Good working order. Please bring the Manual to class. The machine must be able to drop the Feed Dogs for Free Motion Quilting.
- Free Motion Quilting or Darning Foot
- Helpful to bring Free Motion Quilting supplies, such as Gloves, Supreme Slider, Extension Tables, etc.
- Scissors to cut threads
- 1 piece of Cotton Batting and Muslin 16 "x 18"
- Practice quilt sandwich- 12" x 12"
- Freezer Paper
- Topstitch 90 Needle
- Light Box
- Tape

#### Sewing Machine Required

## Mid-Atlantic Quilt Festival Workshop Catalog

### Joyce Hughes

#### VA021 - Dimensional Thread Painting- Techniques, Techniques and More Techniques

Full-Day Workshop - \$95

9 am - 4 pm, Friday, February 27

In this class, 8 Techniques will be covered and applied to a beautiful panel. You will learn step-by-step basic instructions for:

- 1) Free Motion Quilting,
- 2) Dimensional Thread Painting,
- 3) Trapunto,
- 4) application of multiple Overlays,
- 5) various 3D Layering,
- 6) Bobbin Work,
- 7) Blocking and Squaring a quilt and of course,
- 8) applying Crystals!



More importantly, you will learn the proper steps of creating these numerous techniques, but also why and when to apply them to a quilt! You will see the effects of various techniques and supplies, and how they can create added interest of texture and dimension to a piece of Art!

#### All Levels

**Required class kit**, \$60 payable to the instructor in class, includes Panel, Batting, Backing, Stabilizing materials, Heat-N-Bond Lite, Multiple Overlays, Stuffing, Crystals and 18 threads for top and bobbins.

#### Students to Provide

PLEASE KNOW HOW TO DROP YOUR FEED DOGS , ATTACH CORRECT FOOT AND THE CORRECT SETTINGS ON THE MACHINE TO DO FREE MOTION QUILTING PRIOR TO CLASS.

Your Machine , Foot and Plate MUST be able to do a ZIG ZAG Stitch

Testing your machine PRIOR to class for Free Motion Quilting is very helpful!

Machine in Good working order, cleaned and oiled. Please bring your manual.

Free motion foot/ Darning foot (Machine and foot must be able to do zig-zag).

Extra EMPTY bobbins, minimum 5

Scissors to cut threads

Practice quilt sandwich, approx., 12" x 12"

Pressing Cloth

Needles - Topstitch #90/14

\*\*\*Cotton Backing and Batting (I use Warm N Natural- NO Polyester) cut to – 20" x 24"

\*\*\* If you like to use gloves, table sliders, etc. for Free Motion Quilting, Please bring to class!

**Sewing Machine with Zig-Zag Capability Required**

## Mid-Atlantic Quilt Festival Workshop Catalog

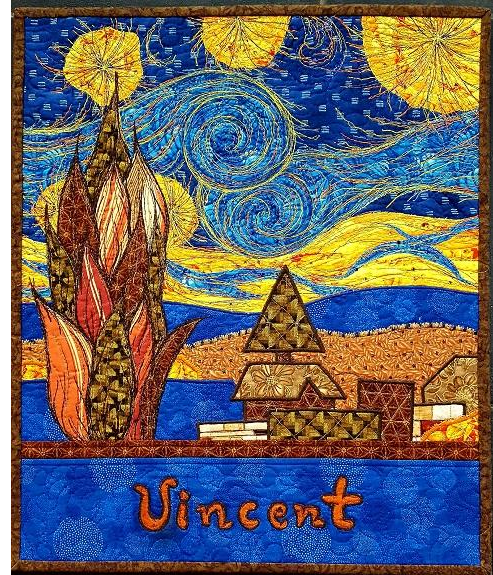
### Joyce Hughes

#### VA022 - Vincent - Dimensional Thread Painting

Full-Day Workshop - \$95

9 am - 4 pm, Saturday, February 28

Want to learn Dimensional Thread Painting, but you think it is too hard. In this class, you will start with a Beautiful Panel to create a piece of Art! You will learn the proper steps of Dimensional Thread Painting and find it to be a fun and creative technique. Explore the various thread selections, setting up your machine for stitching techniques with free motion quilting of zig-zag and straight stitching. See the fabric come to life as you sew and layer the threads on top of your design. You will use Thread as Paint –sew with different types of threads and color combinations. Learn how to create interesting texture and dimension to your quilting project. You will leave with a full knowledge of Dimensional Thread Painting and create a one-of-a-kind piece of Art!



#### All Levels

**Required class kit**, \$60 payable to the instructor in class, includes an Exclusive Digitally printed panel and all threads needed for Top and Bobbins.

#### Students to Provide

PLEASE KNOW HOW TO DROP YOUR FEED DOGS, ATTACH THE CORRECT FOOT, AND THE CORRECT SETTINGS ON THE MACHINE TO DO FREE MOTION QUILTING PRIOR TO CLASS. Testing your machine prior to class for Free Motion Quilting is very helpful!

Machine in Good working order, cleaned and oiled. Please bring your manual to class to help diagnose any machine-related problems.

Free Motion foot/ Darning foot (Machine and foot must be able to do a zig-zag)

Open Toe Foot

Extra EMPTY bobbins, minimum 4

Cotton Backing and Batting (I use Warm N Natural- NO 100% Polyester )–cut to 20” x 24”

Scissors

“Practice” quilt sandwich 12” x 12”

FMQ supplies, such as gloves, slider, etc. are helpful, but not necessary

Needles#90 Topstitch

#### Sewing Machine with Zig-Zag Capability Required

## Mid-Atlantic Quilt Festival Workshop Catalog

### Heather Kojan

#### VA023 - Cactus Bloom

Full-Day Workshop - \$115

9 am - 4 pm, Thursday, February 26

This festive wall-hanging will brighten up your home! During this workshop, you will explore two different ways to make Half Rectangle Triangles (HRT), an often tricky shape to work with! Heather will share all her tips and techniques to make you an HRT Pro! No special tools required! Finished size is 35" x 35".

**Confident Beginner - Intermediate - Advanced Level**



**Required class kit**, \$12 payable to the instructor in class, includes the workshop pattern

#### Students to Provide

(Feel free to substitute your own colors!)

White fabric 3/4-yard

Pink fabric 1/2-yard

Green fabric 3/8-yard

Purple fabric 3/4-yard (includes binding)

Backing 1 1/4 yards

Batting, at least 40" x 40"

Sewing machine in good working order with 1/4" foot

Rotary cutting supplies including rotary cutter with new blade, mat, 6" x 24" and 12" square or similar rulers

Usual sewing supplies, including thread, seam ripper, pins or clips, etc.

Black Sharpie Marker

1 sheet of copier paper

Questions: email Heather [heatherkojan@gmail.com](mailto:heatherkojan@gmail.com)

#### Sewing Machine Required

## Mid-Atlantic Quilt Festival Workshop Catalog

### Heather Kojan

#### VA024 - Disappearing Half Square Triangles

Half-Day Workshop - \$75

9 am - 12 pm, Friday, February 27

Let's dive into the wonderful world of quilt blocks and unleash our creativity with a simple yet ingenious technique! We'll start with the humble half-square triangle, a staple in quilting, and transform it into a captivating and complex-looking block with surprising ease.

Here's the secret: by strategically cutting and rearranging the half-square triangles, we can create a visually stunning block that belies its simple origins. With just a few simple steps, you'll be amazed at the intricate design we can achieve!



Don't let the complexity fool you - these blocks are easy to accomplish, and you'll be crafting intricate quilt blocks in no time. You'll come back to these techniques again and again!

#### All Levels

**Required class kit**, \$15 payable to the instructor in class, includes the workshop pattern.

#### Students to Provide

In this class, we'll explore 3 different ways to make "disappearing" half-square triangles! We'll create all three blocks in class.

For each method, you'll bring two sets of half-square triangles (4 half-square triangles total).

For HST Flip, cut (2) 10" squares from one fat quarter. From background fabric, cut one strip of fabric 10" x width of fabric. Sub-cut (2) 10" squares. Pair each solid (or print) 10" from the fat quarter with a background square. Make (4) HST units using the "Two at a Time" Method. Don't know how to do that? Know worries - I made you a video: go to [heatherkojan.com](http://heatherkojan.com) and look under the "tutorials" tab. Click on the link to the video! Trim all HST units to 9 1/2" square.

**For Delectable Mountains**, cut one strip of background fabric 10" x width of fabric, then cut the strip into (4) 10" squares. Take (2) 10" square prints and (2) background squares and make (4) HSTs as above.

**For Two Color Collage**, cut each 5/8 yard of fabric into (2) 10" x width of fabric. Sub-cut into 10" squares. Take 2 squares of each color and make (4) HSTs as above.

## Mid-Atlantic Quilt Festival Workshop Catalog

### CONTINUED: VA024 - Disappearing Half Square Triangles Materials

Fabric Requirements are for quilt tops only. Complete patterns will be provided in class. All these quilts are block based, so can be made larger or smaller, depending on how many blocks you make.

#### **HST Flip (48" x 48")**

9 fat quarters assorted solid colors or small-scale prints

1 ½ yards background fabric (white in illustration)

#### **Delectable Mountains (54" x 45")**

(18) assorted 10" prints (can be from a layer cake) This is orange in the illustration.

1 ½ yards background fabric. This is aqua in the illustration.

#### **2 Color Collage (32" x 32")**

⅝ yard color 1

⅝ yard color 2

Sewing machine and accessories

Rotary cutting supplies (mat, cutter with new blade, 12 ½" square ruler)

Marking tools (mechanical pencil preferred)

Notions: pins or sewing clips, scissors, seam ripper and any supplies you can't live without!

Questions: Email me at [heatherkojan@gmail.com](mailto:heatherkojan@gmail.com)

### **Sewing Machine Required**

## Mid-Atlantic Quilt Festival Workshop Catalog

### Heather Kojan

#### VA025 - Introduction to Interleave

Half-Day Workshop - \$75

1 pm - 4 pm, Friday, February 27

Interleave is the hottest new thing in piecing. We'll interleave 2 blocks to make a very cool project. You can turn this into a mini quilt, tote, pillow, etc. It will leave your friends asking "how did you do that?" We'll learn the foundations first, then see how the interplay of simple shapes can make simply amazing patchwork. Once you learn the basics, the sky is the limit with this technique.

#### All Levels



**Required class kit**, \$10 payable to the instructor in class, includes the workshop pattern and interfacing.

#### Students to Provide

Finished size approximately 18" x 18"

#### Materials:

4 fat quarters for the top of the project. Fabrics must have high contrast for the design to pop. Solids or small-scale prints suggested. Substitute 1 large scale print for drama!

18" x 18" batting

1 fat quarter for backing

¼ yard for binding or facing.

#### Supplies:

Sewing Machine in good working order

Thread to piece

Basic sewing kit (scissors, snips, pins, marking tools, seam ripper, etc.)

Rotary cutter with new blade

Rotary cutting mat

24" long ruler

Mechanical pencil

Ball Point Pen

**Pre-Class homework:** Trim all 4 fat quarters for the top to 18" square. Save any scraps and bring to class.

#### Sewing Machine Required

## Mid-Atlantic Quilt Festival Workshop Catalog

### Heather Kojan

#### VA026 - Doors Wide Open

Half-Day Workshop - \$75

9 am - 12 pm, Saturday, February 28

This quilt is an invitation to try some improvisationally pieced blocks to create a unique, graphic and colorful quilt. We'll discuss scale, repetition, texture, constraints, and intuition to help you build your improvisation vocabulary and make this dynamic quilt. Work from scraps or fat quarters, all work well!

#### All Levels

**Required class kit**, \$12 payable to the instructor in class, includes the workshop pattern.

#### Students to Provide

Finished size as shown above: 60" x 84"

#### Materials

25 fat quarters or ¼ yards of solid fabric

⅝ yard binding fabric

5 yards of backing fabric

Batting, at least 70" x 94"

\*\*batting, binding, and backing not needed in class

#### Supplies

Rotary cutting supplies including rotary cutter with new blade, mat, 12 ½" ruler and 24" ruler helpful

Thread

Scissors, pins, seam ripper, sewing clips, and anything else you can't live without!

Questions: email [heatherkojan@gmail.com](mailto:heatherkojan@gmail.com)

#### Sewing Machine Required



## Mid-Atlantic Quilt Festival Workshop Catalog

### Roberta Morgan

#### VA027 - Beaded Embroidery - Broach

Half-Day Workshop - \$60

9 am - 12 pm, Friday, February 27

Beaded embroidery is a type of needlework that uses a needle and thread to stitch beads to a fabric surface. This form of embellishment will enhance your work, whether it be a quilt, wall hanging, jewelry or clothing. Your finished piece will be beautiful, fun and satisfying to make and wear. You do not need beading or embroidery experience or special equipment to learn this craft. You will make a unique broach that has a focal bead surrounded by other beads in this class. All you need to bring to class is your creativity and enthusiasm. All materials supplied by instructor for a \$20 fee.

#### All Levels

**Required class kit**, \$20 payable to the instructor, includes basic fabrics, needles, thread, and beads - all the materials needed for the workshop.



## Mid-Atlantic Quilt Festival Workshop Catalog

### Roberta Morgan

#### VA028 - Beaded Embroidery - Cuff Bracelet

Half-Day Workshop - \$60

1 pm - 4 pm, Friday, February 27

This class is a way to use beaded embroidery to make an exciting and outstanding cuff bracelet. Your finished project will get you lots of “wow, that’s pretty” comments. The foundation for your cuff is ultra suede, many colors to choose from. All materials are supplied for \$20 fee.

#### All Levels

**Required class kit**, \$20 payable to the instructor in class, includes Ultra suede, needles, threads, beads - all the materials needed for the workshop.



## Mid-Atlantic Quilt Festival Workshop Catalog

### Roberta Morgan

#### VA029 - Needle Felted Art Work

Full-Day Workshop - \$80

9 am - 4 pm, Saturday,

February 28

Needle felting is embedding colorful wool roving into a foundation fabric using barbed needles that snag and hold the fibers in place. A fun way to learn this craft is by creating a work of art that is akin to painting, but using fiber not paint. You will make a landscape scene or a vase of flowers in class. You'll need to bring a felting foam pad 2" thick, size 8" x 8" or 8" x 10". All other supplies are provided for a \$20 fee.

All Levels

**Required class kit**, \$20 payable to the instructor in class, includes foundation fabric, wool roving, needles, and picture frame.

#### Students to Provide

- Felting foam pad 2" thick, size 8" x 8" or 8" x 10"



## Mid-Atlantic Quilt Festival Workshop Catalog

### Carly Mul

#### VA030 - Freestyle Color Collage

Full-Day Workshop - \$110

9 am - 4 pm, Thursday, February 26

In this class, we will use the collage technique to create an abstract quilt. There is no specific pattern. The flow of the colors will determine the design. Students will learn about the possibilities and limitations on their fabrics in the process. It is about making smooth lines in color and color connections.



#### Intermediate Level

**Required class kit**, \$16 payable to the instructor in class, includes one yard of Lite Steam a Seam 2 and one yard of Pattern Ease (background /foundation).

#### Students to Provide

1. 150 pieces of fabrics in either cool (blue, green, teal, grey, black, purple) or warm (red, pink, orange, yellow, brown, beige, etc.) colors. The fabric should be a good mix in style. Bring multi colored and blenders, big prints, small prints. No solids. No cutting at home is necessary. Pieces can be as little as one-half inch!
2. Small pair of scissors. I recommend Karen Kay Buckley blue scissors.
3. Little Trash bag is handy (optional).

**Optional:** Students can order an optional kit in the colorway of their choice by contacting Carly in advance, [studiocarlymul@gmail.com](mailto:studiocarlymul@gmail.com). She will send the student an invoice and bring the kit to class. Kit is \$85.00 and includes about 225 fabrics.

## Mid-Atlantic Quilt Festival Workshop Catalog

### Carly Mul

#### VA031 - "Agamy" Stripes

Full-Day Workshop - \$110

9 am - 4 pm, Friday, February 27

In this class, we will make a wall hanging in the style of Yaacov Agam. Agam is a sculptor and one of the most famous living artists. His work is known for movement and color (kinetic art) and speaks to quilters. In the class, we use the collage technique to create our piece. It is a fun and relaxing class!

#### All Levels

**Required class kit**, \$24 payable to the instructor in class, includes one yard of background fabric and one yard of Lite Steam a Seam 2.

#### Students to Provide

1. Students need to bring 30 different color solids in size 4" x 6". Please bring a range of colors like 4 blues, 5 reds, some oranges, etc. Any color combination is good. You can already add the Lite Steam a Seam 2 to the solids. That would save a lot of time in class. **IMPORTANT WARNING:** Only Lite Steam a Seam 2 will work for this class. Anything else will not. If you are not sure if it is Lite Steam a Seam 2, please bring only the fabric.

2. Medium-size scissors. I recommend the Karen Kay Buckley scissors, the blue ones.

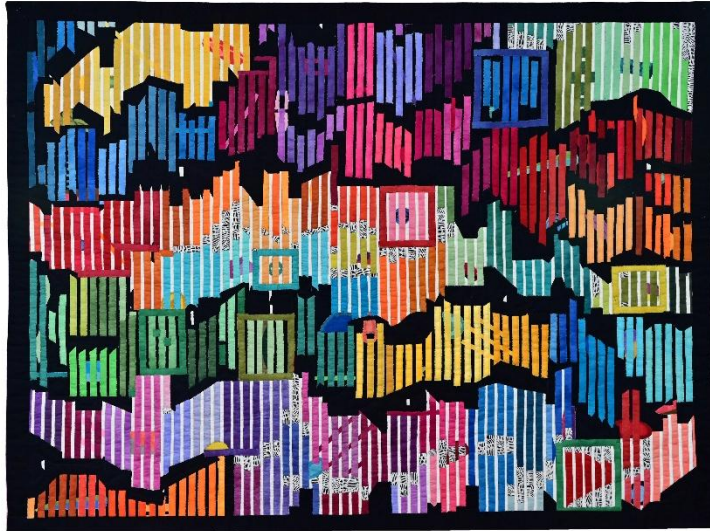
3. Rotary mat

4. Rotary Cutter

5. Ruler. Any ruler that lets the student cut .5" strips (no longer than 6") is fine. If you have the mini Stripology ruler, bring it to class as this works great. I will have some for sale as well).

6. Optional: Little trash bags.

Optional: Students can order a kit with 30 solids for \$40.00. These solids will already have fusible attached to them, which will save a lot of time in class. If interested in this kit, please contact Carly, [studiocarlymul@gmail.com](mailto:studiocarlymul@gmail.com) before the class to order this and she will bring your kit.



## Mid-Atlantic Quilt Festival Workshop Catalog

### Carly Mul

#### VA032 - Broken or mended?

Half-Day Workshop - \$75

9 am - 12 pm, Saturday, February 28

In this class, we start a wall hanging with different collaged circles. Different techniques for making circles will be discussed. The design is suitable for many styles of fabric, matching the student's preference. Any group/unit of fabric that has a common element can be used.



In the sample, you can see how I used the Marcia Derse Sketchbook fabric collection, but you could also use colors that go well together in any other style of fabric. You could make a Christmas, Halloween or Patriotic wall hanging, so many options.

The circles will be collaged and fused onto a background. The background can be as simple or as fancy as you want with high or low contrast. This will also be explained in class. It can be a single piece of background, it can be a collaged background like my sample. No sewing machine in class, but finishing options, including decorative stitches and quilting designs will be discussed.

The class is great fusing fun, and it will help you create contemporary quilts for yourself or as gifts. The class result will be a wall hanging, but the same technique can also be used for washable table runners or larger quilts.

#### All Levels

**Required class kit**, \$19 payable to the instructor in class, includes 1.5 yard of Lite Steam a Seam 2.

#### Students to Provide

\* Fabric for the circles: 5 different colors and in each color at least 2 pieces in size 9" x 22". A total of 10 different pieces of fabric in size 9" x 22". For instance: in Patriotic fabric, 2 pieces in Navy, light blue, bright red, burgundy and white.

\* Fabric for the background: we will use scraps left from the circles + bring as many scraps as you have that pick up the theme of your circle or match its color. For instance: in Patriotic fabric, scraps of the circles + any smaller patriotic fabrics and fabric (blenders) that will match well the 5 colors.

\* Foundation: One yard of white or cream muslin. You can also use Pattern Ease. If you already know you want the circles on one piece of background, you can bring any background that you think will work with that.

## Mid-Atlantic Quilt Festival Workshop Catalog

### CONTINUED: VA032 - Broken or mended?

\* A ruler that can create a circle of 8.5" or 9". Any ruler will work. You will have to bring such a ruler.

\* Optional: a ruler that can create smaller rulers. I recommend Lori Holt's Circle Ruler Set as this set creates 9", 6", 4", 2" circles.

\* Rotary cutter and mat

\* Scissors. I recommend the Karen Kay Buckley Scissors in blue (6") or green (4 3/16")

**Optional:** Students can order the optional kit in Marcia Derse fabrics as shown in picture in (blue/green) or in red/orange by contacting Carly at [studiocarlymul@gmail.com](mailto:studiocarlymul@gmail.com) before 2/18/2026. Kit is \$49.50 and includes foundation, circles and background scraps for collage.

I will bring a few Lori Holt's circle sets, scissors and Pattern Ease 1 yard cuts. Prices can be found at [collagefabric.com](http://collagefabric.com) (because of tariffs, I don't know the prices for next year).

I will bring fabric packages to class in many colors and also free scraps. Students are encouraged to contact me in advance if they have any specific plans for fabric use.

## Mid-Atlantic Quilt Festival Workshop Catalog

### Mary Nesnay

#### VA033 - Family Tree Wall Hanging (ITH)

#### Embroidery

Half-Day Workshop - \$60

9 am - 12 pm, Thursday, February 26

Learn how to embroider your very own family tree. This project has 16 panels, each measuring 4.5" x 4.5", which will then be finished with a border trim. Each leaf will have a family member name embroidered on it. We will discuss the following techniques: applique, floating fabrics in the hoop, using specialty threads (metallic threads), pathing when digitizing in-the-hoop projects, piecing multiple blocks of fabric together with correct registration, and completing a wall hanging with a border and tabs. When completed, this project will measure approximately 20" x 20". End of the project will require completion on your sewing machine. \*Project may not be completed by end of class. A video tutorial link will be included for viewing after event.\* A required kit must be purchased for this class.\*



#### All Levels

**Required class kit**, \$35 payable to the instructor in class includes

- USB Stick
- Embroidery design/pattern files
- .PDF instructions of workshop
- All fabrics (front blocks, tree trunk, branches, leaves, trim border, tabs, and back lining)

\* All kits exclude: tear away stabilizer, fusible/iron on (patch attach), threads, bobbin, and 75/11 needles.

\*Fabrics in kits may not match photo, as they may no longer be manufactured at time of class. A similar substitute may be used.

Stabilizer available to purchase in class, \$5/yard.

#### Students to Provide

- Embroidery machine with embroidery attachment arm and embroidery foot.\*\*Preferred hoop size: 4"x4" or larger\*\* (5"x7" is best)

#### Embroidery Machine Optional\*

**\*Machines are optional for this class. You can watch others participate and then complete the project at home if you do not want to transport your machine to class.**

- 3 yards - Tear Away Stabilizer (16 hoopings)
- Fabric Scissors
- Applique Scissors
- Clips or pins
- Tape (Scotch or Painter's)

## Mid-Atlantic Quilt Festival Workshop Catalog

### CONTINUED: VA033 - Family Tree Wall Hanging (ITH) Embroidery

- 75/11 Embroidery Needles
- 60 wt. WHITE Embroidery Bobbin
- 40 wt. Embroidery Thread
  - A.) White      D.) Green
  - B.) Black      E.) Red
  - C.) Brown      F.) Gold or silver metallic thread

\*Optional: Patch Attach or iron on fusible. (You can either sew your leaves on your tree or use a fusible and iron the leaves on.)

#### **Embroidery Machine Optional\***

**\*Machines are optional for this class. You can watch others participate and then complete the project at home if you do not want to transport your machine to class.**

## Mid-Atlantic Quilt Festival Workshop Catalog

### Mary Nesnay

#### VA034 - Intro. to Embroidery Theory & Techniques

Half-Day Workshop - \$60

1 pm - 4 pm, Thursday, February 26

Learn about best practices for machine embroidery, including threads, needles, stabilizers, proper hooping methods, registration, troubleshooting common embroidery issues, adding and editing designs on your machine, digitizing principles, embroidery stitch types, appliqué techniques, floating fabrics, and ITH (in-the-hoop) projects. We will create 3 projects in class: napkin, tote bag, and key fob.

**All Levels - Beginner - Confident Beginner Level**

**Required class kit**, \$35 payable to the instructor in class, includes USB Stick, Embroidery design/pattern files, PDF instructions of workshop (NOT a physical copy), Napkin, Tote bag, 1 piece of Canvas, 2 pieces of Vinyl, Keyring Clasp, 1 Set of Snaps

\*All kits exclude: tear-away stabilizer, threads, bobbin, and 75/11 needles.

#### Students to Provide

**\*Machines are optional for this class. We will create 3 projects in class. However, you can complete them at home if you do not want to transport your machine to the class and watch others participate.**

#### \*Materials Needed by Student:

- Embroidery machine with embroidery attachment arm and embroidery foot.\*\*Preferred hoop size: 5"x7" or larger (\*4"x4" is acceptable; projects will be smaller)
  - 1 to 2 yards - Tear Away Stabilizer (available in class, \$5/yard)
  - Fabric Scissors
  - Applique Scissors
  - 505 or KK100 Spray Adhesive
  - 75/11 Embroidery Needles
  - 60 wt. White Embroidery Bobbin
  - 40 wt. Embroidery Thread
- A.) White
  - B.) Black
  - C.) Red
  - D.) Blue
  - E.) Silver or Gold

#### Embroidery Machine Optional



## Mid-Atlantic Quilt Festival Workshop Catalog

### Mary Nesnay

#### VA035 - Crazy Quilt Wallet (ITH)

Full-Day Workshop - \$80  
9 am - 4 pm, Friday, February 27

Create an ITH (in-the-hoop) “crazy quilt inspired” sewing wallet. Learn the following techniques: applique, attaching hidden snaps, creating credit card slots for wallets, adding a zipper, pathing when digitizing to have the least number of trims, best practices when using metallic threads, how to add backing/lining to in-the-hoop projects, and piecing multiple layers of fabric together with correct registration. When completed, this project measures 6.75” w x 4” h.



\*\*\*Please make sure your embroidery machine has been updated with the latest software before coming to class. Remember to bring your manual.

\*\*\*Preferred hoop size: Larger hoops preferred such as 6” x 10” or 8” x 12” \*5” x 7” hoops welcome (5” x 7” wallet is smaller than the larger hoops, with one less panel).

\*\*\*Project may not be completed by end of class. It is recommended you bring a case/box to put your hoop in to keep your project progress. It cannot be taken out of the hoop until you finish.

\*There are 2 different size variations for this wallet. In class, we will create the smaller version, due to time. Included in each kit are all file sizes. You will be able to create the larger wallet at home, if you have a larger hoop.

\*\*\*A video tutorial and .pdf are also included for you to refer to after the class.

#### All Levels

**Required class kit**, \$50 payable to the instructor in class, includes

- USB Stick
- Embroidery design/pattern files
- PDF instructions of workshop (NOT a physical copy)
- #3 Zipper
- Sewing themed cotton fabric (lining fabric)
- Base fabric for applique pieces
- Applique pieces of scrap fabrics measuring 4”x4” or larger (to create a “crazy quilt” look)
- 1 Set of Kamsnaps Size 20 XL Long Snaps

## Mid-Atlantic Quilt Festival Workshop Catalog

### CONTINUED: VA035 - Crazy Quilt Wallet (ITH)

\* All kits exclude: tear and wash away stabilizers, threads, bobbin, and 75/11 needles. Stabilizers available to purchase in class, \$5/yard.

\*Fabrics in kits may not match photo, as they may no longer be manufactured at time of class. A similar substitute may be used.

#### Students to Provide

•Embroidery machine with embroidery attachment arm and embroidery foot.\*\*Preferred hoop size: 6"x10" or larger(5"x7" is acceptable, but class cannot accommodate 4"x4")

**\*Machines are optional for this class. You can watch others participate and then complete the project at home if you do not want to transport your machine to class.**

- 1 yard - Tear Away (2 hoops) and Wash Away (1 hoop) Stabilizer
- Fabric Scissors
- Applique Scissors
- Tape (masking, painter, or scotch)
- 75/11 Embroidery Needles
- 60 wt. White Embroidery Bobbin
- 40 wt. Embroidery Thread
 

A.) White	F.) Purple
B.) Black	G.) Brown
C.) Red	H.) Light Brown
D.) Blue	I.) Yellow
E.) Green	J.) Silver (metallic)
	K.) Gold (metallic)

\*Please feel free to use more colors if you want to swap colors in the design.

Optional - \*If you plan on attaching snaps, you need the tool listed below.

Snap fastener tool Awl tool - It can be purchased on Amazon: [click here](#)

I will have a snap attachment tool in class, for all to use. However, if you do not reach this step in class, you will need to purchase the tool on amazon to complete it at home.

**\*Machines are optional for this class.** You can watch others participate and then complete the project at home if you do not want to transport your machine to class.

## Mid-Atlantic Quilt Festival Workshop Catalog

### Sue Nickels

#### VA036 - Ruler Work- Basic Shapes

Full-Day Workshop - \$120

9 am - 4 pm, Thursday, February 26

Play with your ruler foot and rulers to achieve easy curves and straight lines. This approach will open the doors to many new options for free motion work on the home machine. Sue will start with basic concepts, then continue with fun and creative ruler work ideas! Next, add some free motion fillers to the ruler work structure to complete the project. Students will work on a small 18" x 18" project provided in a kit. Join in on the fun in this relaxed and informative workshop! (Please note: Some free motion quilting experience is helpful.)

#### All Levels

**Required class kit, \$40\*** payable to the instructor in class, includes Sue Nickels Straight Line Ruler, marked fabric for top, batting, backing and thread). **\*Please bring cash to pay Sue Nickels for class kit.**

#### Students to Provide

\*Scissors or snips for clipping thread (Curved tip snips available to purchase in class, \$20.00)

\*Quilting gloves or quilter's fingertips- Sue uses fingers cut off of good-quality kitchen dishwashing gloves.

***BERNINA Sewing Machines & Accessories provided by  
BERNINA of America / A Different Touch***

If you are taking a workshop with sponsor-provided BERNINA sewing machines, you must use the sponsor-provided machine and may not bring your own machine. A portion of these workshops may contain sewing machine product information.



## Mid-Atlantic Quilt Festival Workshop Catalog

### Sue Nickels

#### VA037 - Ruler Work- Circles and Curves

Full-Day Workshop - \$120

9 am - 4 pm, Friday, February 27

Learn to create curvy designs for your quilt on the home machine. Sue will have her Circle Wedge Ruler Set and “**NEW**” 4” & 5” Arc ruler available for students to try in class. Step by step instructions will include basic ruler work skills, ideas for using circles and arcs and adding fillers to create beautiful quilting options for your quilt project. Ruler work is an easy way to master smooth curves for many different quilting designs. Enjoy a fun day playing with these great rulers! (Please note: Some free motion quilting experience is helpful.)



#### All Levels

**Required class kit, \$25\*** payable to the instructor in class, includes one 18” x 18” and two 12” x 12” marked practice sandwiches, thread, and handout. **\*Please bring cash to pay Sue Nickels for class kit fee.**

Sue’s Circle Wedge Rulers and 4”/5” Arc will be available to try in class and can be purchased. Special price for students in class: Circle Wedge Ruler Set- \$50.00 and Arc ruler \$20.00.

#### Students to Provide

\*Scissors or snips for clipping threads (Curved tip snips available to purchase in class, \$20.00)

\*Quilting gloves (Sue likes Graberoos brand) or Quilters Fingertips- Sue uses fingers cut off of good quality kitchen gloves (Playtex or Mr. Clean)

***BERNINA Sewing Machines & Accessories provided by  
BERNINA of America / A Different Touch***

If you are taking a workshop with sponsor-provided BERNINA sewing machines, you must use the sponsor-provided machine and may not bring your own machine. A portion of these workshops may contain sewing machine product information.

## Mid-Atlantic Quilt Festival Workshop Catalog

### Sue Nickels

#### VA038 - Machine Quilting Essentials (Learn to Machine Quilt and Love It!)

Full-Day Workshop - \$120

9 am - 4 pm, Saturday, February 28

Learn the fundamentals of machine quilting on the home sewing machine. Start with a discussion on thread, needles and notions. Next, practice the basic techniques of straight line and free motion machine quilting on small quilt sandwiches. Stipple quilting and marked designs will be covered. With Sue's patient guidance learn all the basic skills needed to machine quilt on your home sewing machine. Please note- Students will stitch using pre-printed squares provided by Sue.



#### All Levels

**Required class kit, \$15\*** payable to the instructor in class, includes six pre-printed practice squares and thread. **\*Please bring cash to pay Sue Nickels for class kit fee.**

#### Students to Provide

\*Scissors or snips for clipping threads (Curved tip snips available for purchase in class - \$20.00)

\*Quilting gloves (Sue likes Graberoos brand) or Quilters Fingertips- Sue use fingers cut off of good quality kitchen gloves (Playtex or Mr. Clean)

***BERNINA Sewing Machines & Accessories provided by  
BERNINA of America / A Different Touch***

If you are taking a workshop with sponsor-provided BERNINA sewing machines, you must use the sponsor-provided machine and may not bring your own machine. A portion of these workshops may contain sewing machine product information.

## Mid-Atlantic Quilt Festival Workshop Catalog

### Emma Jane Powell

#### VA039 - Creative Free Motion Quilting - Ocean Theme

Half-Day Workshop - \$65

9 am - 12 pm, Friday, February 27

Yes, you CAN quilt your own quilts confidently! Learn ocean-themed free motion quilting designs with the guidance of a seasoned instructor. Whether you are newish or a veteran free motion quilter, you will learn something new in this hands-on workshop. On a blank quilt sandwich, we will practice shells, waves, fish, boats, swirls, fillers, and more. By learning to quilt your own quilts on your domestic machine, you save money, you save time waiting for your quilt to be done, and you have creative control over quilting designs. Along with instruction and guidance from Emma, practice and perfect your free motion quilting skills.



#### All Levels

#### Students to Provide

Come to class with one 22" x 36" basted quilt sandwich. Make it with a solid (or close to solid) color fabric, and batting of your choice. Spray basting is recommended for ease during the quilting process.

-40 weight cotton contrasting color thread of your preferred quilting thread brand.

Matching 50 weight cotton thread for bobbins. Guitermman, Aurifil, Superior are good quilting thread brands.

-One pack of quilting needles size 80/12.

-Sewing machine with machine quilting foot, and basic sewing machine supplies.

**Optional:** Available to purchase in class  
 Schmetz Quilting Needles: \$6.00/pack of 5  
 Machingers Quilting Gloves: \$8.95/pair  
 Quilting Practice Panels: \$15.00 each  
 Variety of Machine Quilting Thread: price varies

#### Sewing Machine Required

## Mid-Atlantic Quilt Festival Workshop Catalog

### Emma Jane Powell

#### VA040 - Beginning Ruler Work Quilting

Half-Day Workshop - \$65

1 pm - 4 pm, Friday, February 27

Get started with ruler work quilting on your home sewing machine. This class is a basic introduction to using a simple, affordable ruler to make a wide variety of designs. Time in class will be available for demonstrating other types of rulers for you to try. Along with a minimal investment and patient instruction and guidance from Emma Jane, practice and determine if ruler work quilting is right for you.

#### All Levels

#### Students to Provide

Come to class with one 26" x 26" basted quilt sandwich. Make it with a solid (or close to solid) color fabric, and batting of your choice. Spray basting is recommended for ease during the quilting process. Draw or sew four 6" squares in the middle like the sample photograph.

- 40 weight cotton contrasting color thread of your preferred quilting thread brand.
- Matching 50 weight cotton thread for bobbins. Guitermman, Aurifi I, Superior are good quilting thread brands.
- One pack of quilting needles size 80/12.
- Sewing machine with ruler foot, and basic sewing machine supplies.
- Fabric marking tool
- Ruler for marking, suggested 12"x3" or whatever you have.

Information on the correct ruler foot and whether you need high or low shank rulers: [click here](#).

Free motion glider (optional):<https://www.sewsteady.com/product/free-motion-glider/>

Spacing Gauge:<https://www.sewsteady.com/product/westalee-design-spacing-gauge/>

Westalee 12" arc ruler (some will be available in class to purchase):<https://www.sewsteady.com/product/westalee-design-12-arc-template/>



## Mid-Atlantic Quilt Festival Workshop Catalog

### **CONTINUED: VA040 - Beginning Ruler Work Quilting**

**Optional** - Available to purchase in class

Schmetz Quilting Needles: \$6.00/pack of 5

Machingers Quilting Gloves: \$8.95/pair

Quilting Practice Panels: \$15.00 each

Variety of Machine Quilting Thread: price varies

Westalee 12" arc ruler: \$20.00

Spacing Gauge: \$8.00

**Sewing Machine Required**

## Mid-Atlantic Quilt Festival Workshop Catalog

### Emma Jane Powell

#### VA041 - Ripple Effect

Full-Day Workshop - \$80

9 am - 4 pm, Saturday, February 28

This lively workshop is packed full of techniques to enhance your quilting. Begin by learning to make your own piping, apply it to a curved “ripple effect” and then adhere it to your quilt background in a quilt-as-you-go method. The best part? Absolutely no curves will be sewn in this project! Additionally, learn a variety of surface design techniques to include:

foiling, using Angelina fibers, applying fun yarns, and more to stretch your inner creative genius in this class. You will come away from this workshop full of ideas for future projects. \*Participants are encouraged and allowed to use instructor provided supplies for foiling, cord for piping, and Angelina fibers. The opportunity to purchase supplies you wish to take home with you is provided in class.

#### All Levels

#### Students to Provide

- Participants will need a sewing machine including the following feet: walking/even feed foot, zipper foot, and a braiding and/or piping foot.
- \*Zipper foot can be used in lieu of braiding/piping foot, but bring it if you have it.
- The size of your wall hanging is self-directed. Batting and backing fabric whatever size you wish to make your wall hanging plus a couple of inches for overhang.
- For piping: One fat quarter, 3mm cotton cording 3 yards is plenty.
- A variety of fat quarters for piecing the curved sections.
- Fat quarter to a half yard for the background fabric, based on the size wall hanging you want to make.
- Fun stuff of your choosing: beads, sequins, buttons, Deco Foil sheets, and transfer gel, foam stamps to fit the style of your project (flowers, fish, stars, etc.), decorative yarns and ribbons, tulle, cookie cutters, etc.
- Parchment paper or silicone/lead pressing sheet.
- Small paint brush.
- Scraps of Steam a Seam for fusing cookie cutter (or other) shapes.

#### Available to purchase in class:

- Angelina Fibers - \$3.00/bag
- Deco Foil sheets and supplies ~\$10
- Piping tool: \$22.00

#### Sewing Machine Required



## Mid-Atlantic Quilt Festival Workshop Catalog

### Julia Larina Quiltoff

#### VA042 - Beginner's ABCs

Half-Day Workshop - \$85

9 am - 12 pm, Thursday, February 26

A special hands-on class for the very beginners! Learn the basics of free-motion on the longarm. You will feel much more confident and inspired to develop new skills after Julia's lecture and hands-on experience. You will learn:- Basic skills for successful quilting- Simple shapes that will build your skill base (a peek into bubbles, feathers, etc)- Controlling shape, size, and uniformity of the elements- Movement and connection of the elements- What to quilt ... and much more!

#### Beginner Level

**Required class kit**, \$25 payable to the instructor in class, includes fabric for top and back, batting, thread, small straight quilting ruler.

#### Students to Provide

- Pencil and a notebook for taking notes, doodling, and sketching
- Small scissors or snips
- Marking pen (water soluble preferred)

Available for purchase in class: Various quilting rulers for longarms and low shank machines, \$10-\$99.

Please email any questions to [quiltoff@gmail.com](mailto:quiltoff@gmail.com); I look forward to meeting you!

**Handi Quilter Longarm Machines & Accessories provided by [Handi Quilter](#) and [Tidewater Sew-Vac](#)**

***Two students will share one longarm machine in this workshop.***



## Mid-Atlantic Quilt Festival Workshop Catalog

### Julia Larina Quiltoff

#### VA043 - Freemotion Fillers, Revised & Upgraded!

Half-Day Workshop - \$85

1 pm - 4 pm, Thursday, February 26

If you already took Julia's Fill That Out class and still are hungry for more filler ideas - this class is for you! Freemotion and geometrical fillers are always game changers for any project you choose them for, so let's add more fun, beautiful, and dramatic fillers to your quilting library!

**Beginner - Confident Beginner - Intermediate Level**

**Required class kit**, \$25 payable to the instructor in class, includes fabric for top and back, batting, thread, small straight quilting ruler.

#### **Students to Provide**

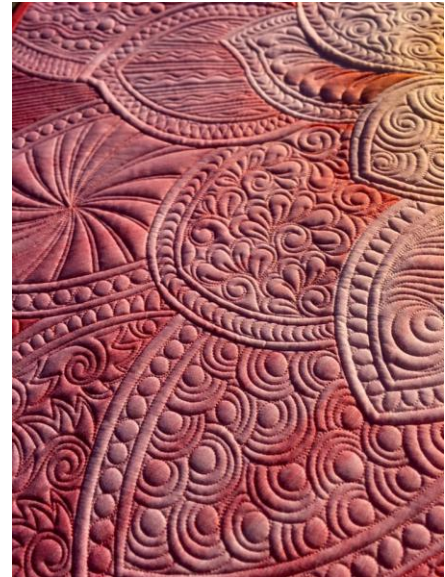
- Pencil and a notebook for taking notes, doodling, and sketching
- Small scissors or snips
- Marking pen (water soluble preferred)

Available for purchase in class: Various quilting rulers for longarms and low shank machines, \$10-\$99.

Please email any questions to [quiltoff@gmail.com](mailto:quiltoff@gmail.com); I look forward to meeting you!

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## Mid-Atlantic Quilt Festival Workshop Catalog

### Julia Larina Quiltoff

#### VA044 - Bloom! Freemotion Flowers & Leaves

Half-Day Workshop - \$85

9 am - 12 pm, Friday, February 27

Join our expert instructor for a comprehensive class that will teach you how to create stunning floral designs, from delicate flowers to lush foliage. Learn how to freemotion quilt intricate leaves, berries, and ferns, and master the techniques to combine them into breathtaking compositions. From beginners to advanced quilters, this class is perfect for anyone looking to add a touch of elegance to their quilts.

#### All Levels



**Required class kit**, \$25 payable to the instructor in class, includes fabric for top and back, batting, thread, small straight quilting ruler, handouts, flower/leaf template.

#### Students to Provide

- Pencil and a notebook for taking notes, doodling, and sketching
- Small scissors or snips
- Marking pen (water soluble preferred)

Available for purchase in class: Various quilting rulers for longarms and low shank machines, \$10-\$99.

Please email any questions to [quiltoff@gmail.com](mailto:quiltoff@gmail.com); I look forward to meeting you!

**Handi Quilter Longarm Machines & Accessories provided by [Handi Quilter](#) and [Tidewater Sew-Vac](#)**

***Two students will share one longarm machine in this workshop.***

## Mid-Atlantic Quilt Festival Workshop Catalog

### Julia Larina Quiltoff

#### VA045 - Ghost Quilting. Shapes & Critters

Half-Day Workshop - \$85

1 pm - 4 pm, Friday, February 27

Learn how to expertly create ghost shapes in the negative space of your quilt top, adding an extra layer of interest, thought and depth to your design. By getting the inspiration from the elements already present in your quilt, you'll create a stunning visual effect that will leave onlookers mesmerized. In this class, Julia will guide you through the techniques and tips needed to master this unique quilting style, perfect for adding a unique and whimsical touch to any quilt design. Join us and discover the magic of ghostly shapes in your quilting!

#### All Levels

**Required class kit**, \$35 payable to the instructor in class, includes fabric for top and back, batting, thread, small straight quilting ruler, handouts, flower/leaf templates, creature templates.

#### Students to Provide

- Pencil and a notebook for taking notes, doodling, and sketching
- Small scissors or snips
- Marking pen (water soluble preferred)

Available for purchase in class: Various quilting rulers for longarms and low shank machines, \$10-\$99.

Please email any questions to [quiltoff@gmail.com](mailto:quiltoff@gmail.com); I look forward to meeting you!

**Handi Quilter Longarm Machines & Accessories provided by [Handi Quilter](#) and [Tidewater Sew-Vac](#)**

***Two students will share one longarm machine in this workshop.***



## Mid-Atlantic Quilt Festival Workshop Catalog

### Julia Larina Quiltoff

#### VA046 - Magic of Secondary Designs

Half-Day Workshops - \$85

9 am - 12 pm, Saturday, February 28

Uncover the "hidden" patterns in your quilt tops. Learn how strategic longarm quilting can enhance and reveal a secondary design, adding a stunning new layer of depth and movement to your work. Perfect for quilters who want to take their finished projects from beautiful to breathtaking.

**Confident Beginner - Intermediate - Advanced Level**

**Required class kit**, \$45 payable to the instructor in class, includes preprinted or appliqued mini quilt top to practice (2), batting, backing fabric, thread, small quilting ruler, handouts

#### Students to Provide

- Pencil and a notebook for taking notes, doodling, and sketching
- Small scissors or snips
- Marking pen (water soluble preferred)

Available for purchase in class: Various quilting rulers for longarms and low shank machines, \$10-\$99.

Please email any questions to [quiltoff@gmail.com](mailto:quiltoff@gmail.com); I look forward to meeting you!

**Handi Quilter Longarm Machines & Accessories provided by [Handi Quilter](#) and [Tidewater Sew-Vac](#)**

***Two students will share one longarm machine in this workshop.***



## Mid-Atlantic Quilt Festival Workshop Catalog

### Julia Larina Quiltoff

#### VA047 - Dream Big: From Planning to the Very Last Stitch

Half-Day Workshop - \$85

1 pm - 4 pm, Saturday, February 28

Julia will take her students through the whole process of creating a beautiful and unique panel that they will be proud of! She will teach you how to plan the quilting, where to start, how to work with outlining and fillers, and how to emphasize the beauty of this gorgeous panel.

**Confident Beginner - Intermediate - Advanced Level**



**Required class kit**, \$45 payable to the instructor in class, includes Dream Big flower panel 44" x 44" (colors vary) and backing fabric, Batting, All needed thread colors 3-4 spools (Glide), Marking pen.

#### Students to Provide

- Pencil and a notebook for taking notes, doodling, and sketching
- Small scissors or snips
- Marking pen (water soluble preferred)

Available for purchase in class: Various quilting rulers for longarms and low shank machines, \$10-\$99.

Please email any questions to [quiltoff@gmail.com](mailto:quiltoff@gmail.com); I look forward to meeting you!

**Handi Quilter Longarm Machines & Accessories provided by [Handi Quilter](#) and [Tidewater Sew-Vac](#)**

***Two students will share one longarm machine in this workshop.***

## Mid-Atlantic Quilt Festival Workshop Catalog

### Adele Scott

#### VA048 - Ruler Work Quilting - Put those rulers to work!

Full-Day Workshop - \$75

9 am - 4 pm, Saturday, February 28



Stop "quilting by check," you can quilt your own quilts with beautiful designs without hours of practice. Ruler-work is your first step to learning free-motion work quilting, but with the rulers helping you create the designs. It's like "bowling with bumpers," the rulers keep you going in the right direction.

This class is for all levels. Beginners will work on practice "sandwiches," more advanced quilters will work on table runners or small quilts. All students working on a project can discuss with me in advance of class what quilt design thoughts they have so we can plan for the most productive class for you. Everyone will learn at their own level.

Once you've signed up for class contact me to discuss what you're working on. It is very important to reach out before you start putting blocks together, if this is a new project. I have many tips on "sewing in sections" to make the handling of the project easier.

Contact Adele at [asds@adelescott.com](mailto:asds@adelescott.com) or [www.AskAdele.com](http://www.AskAdele.com)

#### All Levels

#### Students to Provide

[Click here](#) for Adele's official supply list. She has added hotlinks so you can click on items to see what they look like and the prices, if needed. Required items highlighted in teal. \*Asterisked items available at [www.AskAdele.com](http://www.AskAdele.com)

Email with any questions – [asds@adelescott.com](mailto:asds@adelescott.com)

This day is the perfect **new or review**, we'll use the versatile Westalee Sampler Set for those just starting and more experienced quilters can also bring what they own. Our workshop will cover basic set-up as needed, trouble-shooting typical problems and how to create many design options with your 6-piece Westalee Sampler Set. And we'll have additional designs **for returning/ experienced students**, so everyone learns new designs. [If you have a long-arm and need to borrow a machine &/or rulers to take this class let me know.] Experienced ruler-work students can work on a project with teacher approval.

**Supplies:** The Ruler foot, 6-piece Sampler and an extension table are required. The other items below will make things easier, quicker and more enjoyable. [Note: The Westalee Beginner Essentials Kit was created for those starting out and include many of the recommended Westalee Items including the ruler foot.] E-mail with any questions. [asds@adelescott.com](mailto:asds@adelescott.com)

## Mid-Atlantic Quilt Festival Workshop Catalog

### CONTINUED: VA048 - Ruler Work Quilting - Put those rulers to work!

Your best sewing machine – make sure your machine has been cleaned and is in good running condition before class. I can help to bring in the heavier machines. If you have a long-arm but want to attend class, contact me. Don't forget your foot control and machine manual!

- \*Ruler Foot for your model of machine [required] Westalee Exclusive Ruler Foot Starter PKG or foot only.

Many brands now make ruler feet for their machines. Bernina owners – you'll need an adaptor to use the Sew Steady foot [we have these adaptors] **or** purchase the #72 foot [from your Bernina dealer]. Email me to discuss your options, sometimes there are benefits from the branded foot versus the Westalee version.

**\*\*\*If you don't have any rulers or ruler foot, please call or email me so we can figure out what type you'd need and to make sure you'll have them in time for class.**

- \* 6-piece Westalee Sampler Set of rulers [required]
- \* Westalee SashLee Quilt Template - large ruler or Westalee SashLee Quilt Template - large [recommended] for outline, grids, straight line work etc.

Note: There's a \* Westalee Beginner Essentials Kit that includes most of what you need for class in one package that comes with the foot.

- \* Janet Collins Ruler Quilting Design book [it's a CD in some older work kits] [recommended]
- \* *Grid Glider* sheet to move your fabric more easily [recommended] • \*\* Plexi-glass quilters table or included machine table [required] if it's flat and level to machine arm or cabinet.

\*\* Tables need to be ordered several weeks ahead, so plan accordingly. Sew Steady Table options Ask about getting an early show specials for class attendees.

- \* Schmetz Topstitch 90/14 or Schmetz Chrome Quilting Needle Size 90/14 [have several available and a new one in your machine]
- \* "grippy" fingertips or gloves [optional but helpful]
- Highly recommended \* *Westalee Crosshair* marking ruler [either 8" or 12" size, 8-Point version] Cross Hair Options
- All-purpose good polyester thread like Mettler Metrosene or 50w cotton – bring several colors, types if you have: not too dark or blendy.
- \* Fabric markers that will show on your choice of fabric colors and fit in crosshair slots. Some of my favorites are - Chakoner and Iron off refill chalk, Marvy, Bohin Mechanical Pencil, Frixion Fineliner - asst colors • 6 approx. fat-quarter sized [18x22] quilt sandwiches – **solid, med. to dark colors are best for the top fabric, so ruler white lines show.** Six sandwiches, if you want to keep a separate sample of each of the six rulers' designs, probably less if you want to fill a fat quarter then move on.

## Mid-Atlantic Quilt Festival Workshop Catalog

### CONTINUED: VA048 - Ruler Work Quilting - Put those rulers to work!

- Small quilt, table runner or quilt section project, if discussed with Adele first to make sure it'll be a good choice for your level.
- Very Important! - An adjustable height chair, tall stool or a thick firm cushion to sit on will bring you to a better height [**Elbows, at rest, should be at machine table height or higher!**] Wind several bobbins.

Make sure to clean the lint from your machine.

Make sure you have a new 90/14 *needle* in your machine.

Please spray *Grippy* or cut little ¼" – ½" pieces of Stable Tape and place on your ruler back corners. Stable tape comes in most Westalee ruler packages. [Ask for the handout on where to place them if you haven't done this already.]

**Prep:** 1. Prepare your quilt sandwiches. Use cotton batting and just use steam to press together and you won't need any basting, pins etc.

Email with any questions – [asds@adelescott.com](mailto:asds@adelescott.com)

**Sewing Machine Required**

## Mid-Atlantic Quilt Festival Workshop Catalog

### Patricia Simons

#### VA049 - Template Mania - Geometrics

Half-Day Workshop - \$60

1 pm - 4 pm, Thursday, February 26

Are you looking for simple, yet intricate looking block designs? Do you like complex looking border designs, but don't want to spend loads of time creating them? Join Patricia as she shows how to use simple Machine Quilting templates (aka rulers) of Hexagons, Diamonds and more to create stunning block designs. See the change when using a 6-point vs. an 8-point design. Discover how to create a variety of border designs from these same templates/rulers.



#### All Levels

#### Students to Provide

Templates used in class - please purchase two templates in advance of the class if you do not already have these shapes.

I will be using the following templates in class. If you have a template that is similar, then you are welcome to use those.

- 1) Nested Mini Hexagon (MQT-NMH04/HMQT-NMH04/QR-NMH04)
- 2) Nested Mini Diamonds (MQT-NMD04/HMQT-NMD04/QR-NMD04 )

4-6 fabric sandwiches, approximately 10" - 14" square

4-6 fabric sandwiches approximately 10"-14" wide by 22" - 24" long.

Note: When choosing fabric, try to find a plainer fabric so you can see the quilting pattern.

Please do not pin baste sandwiches nor use thick batting

Contrasting thread to the fabric sandwiches (so you can see the quilting pattern). Use whatever thread your machine prefers.

Fabric Marking tool

Rulers for marking long guidelines.

8-point and/or 6-point stencil for marking lines in blocks (can also use your rulers)

Table or large surface to support fabric sandwiches and templates (cannot use just the freearm portion of your machine).

Supreme slider, sew slip, glider, or some type of product that aids the fabric in moving on the table

Quilting gloves (only if you find them helpful)

Notebook or artbook if you like to draw out the designs created. (colored pencils might be nice, but not necessary)

Grippy spray

Available to purchase in class

Nested Mini Hexagons - \$20.80 - \$28.00

Nested Mini Diamonds - \$27.50 - \$30.40

8 pt or 6 pt stencil - \$11.50

**Sewing Machine Required**

## Mid-Atlantic Quilt Festival Workshop Catalog

### Patricia Simons

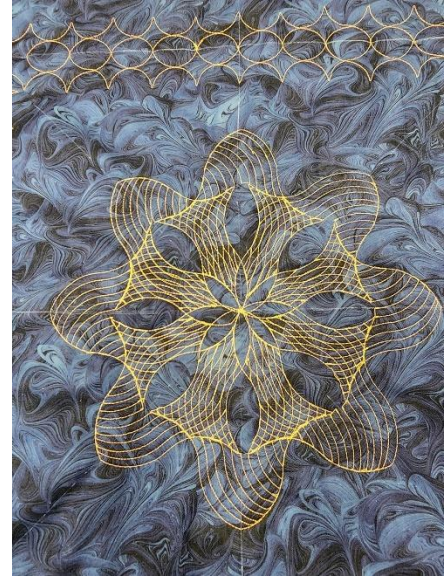
#### VA050 - Not Your Grandmother's Wholecloth

Half-Day Workshop - \$60

1 pm - 4 pm, Friday, February 27

Ever contemplate creating a wholecloth, but not into the feathers? Join Patricia for a whole new take on wholecloth designs with nary a feather in sight. Using just a single template (aka ruler) and different movement techniques, you can create a small wholecloth with stunning effects. You'll learn about using templates to create crosshatching that will change the whole look. She'll show her techniques for creating the border using the same template.

#### All Levels



#### Students to Provide

1 of the following templates in the appropriate thickness for your machine:

Bird Bracket Chain, Inside S, Nested Petal

2 fabric sandwiches approximately 10"- 14" square

1 fabric sandwich approximately 20"-24" square

*Note:* Fabric sandwiches should be plain fabric

Contrasting thread to the fabric sandwiches (so you can see the quilting pattern). Use whatever thread your machine prefers.

Fabric Marking tool

Rulers for marking long guidelines.

8-point and/or 6-point stencil for marking lines in blocks (can also use your rulers)

Table or large surface to support fabric sandwiches and templates (cannot use just the frearm portion of your machine).

Supreme slider, sew slip, glider, or some type of product that aids the fabric in moving on the table

Quilting gloves (only if you find them helpful)

Notebook or artbook if you like to draw out the designs created. (colored pencils might be nice, but not necessary)

Grippy spray

#### Available to purchase in class:

Bird Bracket Chain \$23.60 - \$33.00

Inside S \$24 - \$31

Nested Petal \$15.00 - \$27.60

8 pt or 6 pt Stencil - \$11.50

#### Sewing Machine Required

## Mid-Atlantic Quilt Festival Workshop Catalog

### David Sirota

#### VA051 - Storm at Sea in 2 or 3 Colors

Full-Day Workshop - \$85

9 am – 4 pm, Thursday, February 26

Are you curious about paper piecing? Do you and paper piecing already have a love/hate relationship? Do you love the accuracy you achieve, but hate the process of getting there? Well, this class will change that to a LOVE relationship. We'll be using the versatile Storm at Sea pattern to learn my "No More Tears" © method of paper piecing. Although we won't be finishing the entire project in class, you'll have a good start, and the tools you'll need to finish it at home, in half the time you'd expect from paper piecing. Don't believe me? You'll just have to come and see for yourself.



#### All Levels

**Required Kit:** \$5, payable to the instructor includes pattern and instructions.

#### BRING TO CLASS

- Your baggies of pre-cut fabric and some extra just in case
- Rotary cutter with a fresh blade
- 6"x12" ruler
- Small cutting mat – 9"x12" is fine
- Invisible or Magic scotch tape (any brand)
- Pencil or pen for taking notes
- A hand needle (embroidery, cotton darning) with a sharp point and long eye
- Highlighter – any color except yellow
- Add-A-Quarter ruler – 6" or 12"
- Fabric scissors and paper scissors
- Something to collect your scraps
- Oral B Pro-Health Comfort Plus Dental Floss or any ribbon floss

#### FABRICS:

*Please*, keep it simple, and keep in mind that we're here to learn a new method, and maybe not create the ultimate Storm at Sea masterpiece. Ideally, we're looking for 2 contrasting\*\* fabrics, and if you want, a third color, you'll want to use a different fabric in the same color family as your dark fabric. Either way, your Storm at Sea will shine. The finished project will be simple to construct, yet impactful.

Why only 2 (or 3) fabrics? Because this class is less about design and more about technique. Like anything new we learn, we want it to become habit, and if we're focused on design, it takes away from our practice time.

## Mid-Atlantic Quilt Festival Workshop Catalog

### CONTINUED: VA051 – Storm at Sea in 2 or 3 Colors

If you want to add a third color for more movement, I find that a variation of your “dark” fabric works well.

All fabric is cut cross grain or Width of Fabric (WOF). Measurements assume 40" of useable fabric. Bring cut pieces to class in three baggies...one for Large Center Squares, one for Sashing Rectangles and one for Cornerstone Squares.

\*\*Contrasting fabrics are any 2 fabrics that will stand out on their own and make the lines of your quilt top “crisp”. They can be solids, a print and a solid, or 2 small prints that read as solid from a distance. Another thing to remember is that solid fabrics will be a little less forgiving if your points don't match precisely. When selecting your fabric, avoid directional prints, large prints, or 2 prints that share the same color(s).

### CUTTING SPECS

If you start with 2 yards of each fabric, you'll have enough left of the dark for your binding and enough left of the light for the backing. You'll be using 41.5" of the dark fabric and 29" of the light. If making a 3color quilt, adjust the yardage as detailed in the cutting directions for Baggie #3.

#### Baggie #1

Large Center Squares:

##### From the Dark Fabric:

Cut **one 4" strip**. From this strip cut **nine 4" squares**.

Cut **two 4-1/2" strips**. From these strips cut **eighteen 4-1/2" squares**. Cut these **eighteen squares diagonally in half to form thirty-six half-square triangles**. Place them in Baggie #1.

##### From the Light Fabric:

Cut **two 3-1/2" strips**. From these strips cut **eighteen 3-1/2" squares**. Cut these eighteen squares diagonally in half to form **thirty-six half-square triangles**. Place them in Baggie #1

#### Baggie #2

Cornerstone Squares:

##### From the Dark Fabric:

Cut **one 2" strip**. Cut this strip into **sixteen 2" squares**.

Cut **two 3" strips**. Cut these strips into **thirty-two 3" squares**. Cut these thirty-two squares diagonally in half to form **sixty four half-square triangles**. (If you don't have enough fabric, use the remainder of the 4" strip from the Sashing Rectangle to make up the difference.) Place in Baggie #2 **From the Light Fabric:**

## Mid-Atlantic Quilt Festival Workshop Catalog

### CONTINUED: VA051 – Storm at Sea in 2 or 3 Colors

Cut **two** 2-1/4" strips. Cut these strips into **thirty-two** 2-1/4" squares. Cut these thirty-two squares diagonally in half to form **sixty-four** half square triangles. Place in Baggie #2.

### CONTINUED: VA051 – Storm at Sea in 2 or 3 Colors

#### Baggie #3

Sashing Rectangles:

#### From the Dark Fabric:

Cut **five 4" strips**. Cut these strips into **twenty-four 4"x7" rectangles**. Place them in Baggie #3.

If using the third color, follow the cutting directions above and you'll start with at least 20" of that fabric.

#### From the Light Fabric:

Cut **six 3" strips**. Keep the strips folded, wrong sides together. Cut these strips into **forty-eight 3"x5" rectangles**. Cut these forty-eight rectangles diagonally in half to form **ninety six** "uneven" or asymmetrical triangles. Place them in Baggie #3.

Note: Since these triangles are mirror image and asymmetrical, they have a precise placement in the block. It is important that you make sure to keep your fabric strip folded in half, as it came off the bolt, before cutting your rectangles and then triangles.

### ***JANOME Sewing Machines & Accessories provided by [Tidewater Sew-Vac](#)***

If you are taking a workshop with sponsor-provided JANOME sewing machines, you must use the sponsor-provided machine and may not bring your own machine. A portion of these workshops may contain information on sewing machine products.

## Mid-Atlantic Quilt Festival Workshop Catalog

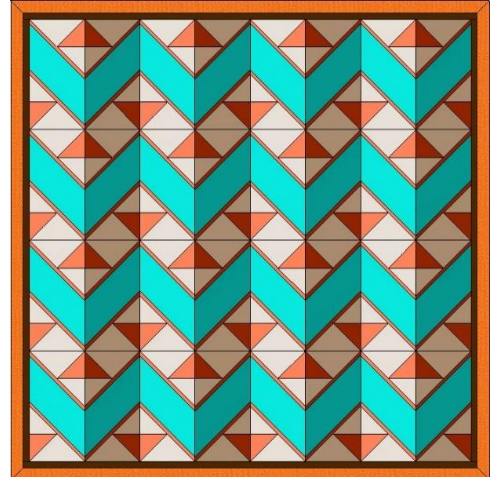
### David Sirota

#### VA052 – Shoulda Zagged

Full-Day Workshop - \$85

9 am – 4 pm, Friday, February 27

Inspired by a simple border design, I decided to enhance the design into a quilt. I love the simplicity, dimensional effect, and graphic look of this quilt. You can go crazy deciding on a color palette. More on that later...



Of course it's paper pieced using my "No More Tears"© Method. This class is great for all levels of quilters, including (and especially) those who've never paper pieced before.

#### All Levels

**Required Kit:** \$5, payable to the instructor includes pattern and instructions.

#### Bring to Class

- Your pre-cut strips (see below) and any extra fabric
- Pins, and just in case...a seam ripper
- Pencil or pen
- Highlighter (Pink, green, blue, orange, but NOT yellow)
- Add-A-Quarter ruler (the longer the better)
- Paper scissors and fabric scissors
- Rotary cutter and Cutting mat - 9" x 12" is fine
- Invisible Scotch Tape - The surface should look and feel like the vellum. Scotch brand is Magic Tape, Staples calls it invisible Tape.

#### Choosing Fabric

As with most of my quilts, contrast is the key. Bold colors for the zig zags and the triangles and a lighter neutral for the background.

- You'll be choosing **3 different colors**, one for the zig zags, one for the triangles and one for the background. What makes this pattern work is the use of **lighter and darker** fabrics in the three colors you chose. In the example above I used lighter and slightly darker aquas, orange/burnt orange, and ecru/beige to achieve the effect. So in the end you'll have **six** different fabrics.
- This is a great quilt to make in your favorite colors. I'm suggesting solids, tone on tone, blenders or small prints.

## Mid-Atlantic Quilt Festival Workshop Catalog

### CONTINUED: VA052 – Shoulda Zagged

#### Cutting

- All of the strips are width of fabric (selvedge to selvedge) with 42" of usable fabric. Using the quilt pictured in the samples:
- Color A - Zig Zags - Aqua/Teal
- Color B - Shaded Triangles & Strips - Orange/Burnt Orange
- Color C - Background - Ecru/Beige
- Color A - 1/2 yard of each
- Color B - 1/2 yard of each
- Color C - 3/4 yard of each
- However you might want to get a little extra...just in case:)

#### Cutting Specs

The cutting specs below are for the entire quilt. I find that cutting the strips as I need them keeps me organized and keeps the mess to a minimum. So, for class you do not need to cut all of the fabric. Just cut one strip of fabric and sub-cut as indicated for each color.

#### Color A - Zig Zags

**Cut four** 3-1/2" strips from both Zig Zag colors. You'll have **eight** strips total. Bring the strips to class.

#### Color B - Colored Triangles and Thin Strips

**Cut seven** 1-1/4" strips from both colors. Bring the strips to class. You'll have a total of **fourteen** strips.

**Cut two** 3-1/2" strips from both colors. Cut the strips into **sixteen** 3-1/2" squares. Then cut the squares in half diagonally to make **thirty-two** HSTs (half-square triangles). You'll have **64** total.

#### Color C - Background Triangles

**Cut two** 3-1/2" strips from both colors. Cut the strips into **sixteen** 3-1/2" squares. Then cut the squares in half to make **thirty-two** HSTs (half-square triangles).

**Cut two** 6-1/2" strips from both colors. Cut the strips into **eight** 6-1/2" squares. Then cut the **eight** squares in half, diagonally, twice. You'll end up with **thirty-two** QSTs (quarter-square triangles).

**JANOME Sewing Machines & Accessories provided by**  
[Tidewater Sew-Vac](#)

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## Mid-Atlantic Quilt Festival Workshop Catalog

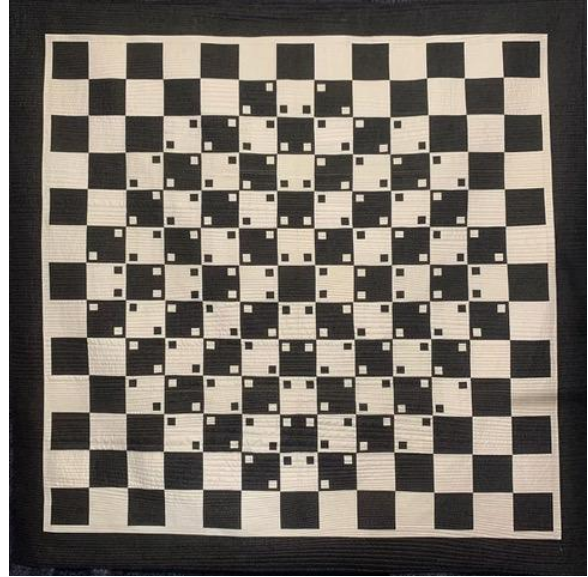
### David Sirota

#### VA053 - Oh Yeah!

Full-Day Workshop - \$85

9 am - 4 pm, Saturday, February 28

"Oh Yeah!" is one of the best optical illusion quilts I've ever designed. It's two colors, all of the blocks are the same size, no curves, and...it's NOT paper pieced. I found a computer-generated image and deconstructed it so that this mind-blowing illusion could be made into a quilt. Its construction is very similar to one of the first quilts I ever made, which was strip pieced. And don't worry about getting dizzy, that only happens when the construction is complete and you take 3 steps back:)



#### All Levels

**Required Kit:** \$5, payable to the instructor includes pattern and instructions.

#### Bring to Class:

- Your pre-cut fabric strips and leftover yardage. We'll be cutting more strips in class.
- Sewing machine, thread, pins, and bobbin
- Rotary cutter (with a fresh blade)
- Ruler for cutting strips
- Cutting mat large enough to cut strips of fabric
- Pencil or pen and paper for taking notes. There'll be lots of notes:)

#### Let's Talk Fabric

What makes this pattern work so well? Contrasting fabrics. And how many different fabrics? Only two. I find that a dark and a light fabric, even in the same color family, work the best. And blenders do the trick. Any fabrics that read as solids from a short distance (and no, not from a galloping horse) work well. You definitely want to avoid large prints, directional fabrics, and fabrics that are too close in color value. Also, sometimes a really "bright" fabric can interfere with the illusion. But in the end, the choice is yours.

It's also best if your fabric has "body". If it's been pre-washed or doesn't have a lot of dye or sizing, it's best to starch it first. Your seams will be crisper, flatter, and your fabric will sew straighter. I use a mist bottle with liquid starch and water. For the class, it might make sense to use fabrics you have on hand. Since you're ultimately investing in 6 yards of fabric, you might want to see how the quilt is made before deciding on your fabric choices. The cutting specs below are for the class, and below that, the full quilt.

## Mid-Atlantic Quilt Festival Workshop Catalog

**CONTINUED: VA053 – Oh Yeah!**

### **The Ever-elusive 1/4" seam**

If you don't want to trim your blocks to size after sewing, an accurate 1/4" seam allowance makes the construction of this quilt easier and quicker. So try your best to achieve an accurate 1/4" seam allowance. The best way to do this is to take two 2-1/2" strips of fabric and start sewing them together. Stop after about 6", finger-press the seam open and flat, and measure the sewn part of the strip. It should measure 4-1/2". If it doesn't, you'll need to either move your needle or landmark your machine and try again. My machine is a straight stitch only machine. My 1/4" foot doesn't give me the accuracy I need, so I use a seam guide. However, fret not. You can always trim your blocks to size after they are sewn.

It's best if you test your 1/4" seam with the fabric, thread and needle you intend to use for your quilt.

### **Cutting Specs For Class...You Only Need to Cut**

FROM EACH OF YOUR TWO FABRICS CUT:

- Four 1" Strips
- Six 1-1/2" Strips
- Four 2-1/2" Strips
- Four 4" Strips

### **Cutting Specs For Full Quilt**

[Click here](#) to see detailed instructions for the full quilt.

***JANOME Sewing Machines & Accessories provided by [Tidewater Sew-Vac](#)***

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## Mid-Atlantic Quilt Festival Workshop Catalog

### Brenda Gael Smith

#### VA054 - Logs & Ladders – Building with Improvisation

Full-Day Workshop - \$105

9 am - 4pm, Thursday, February 26

Convert your scraps into dynamic compositions by building with improvisational units – log cabins, ladders, and more. Learn freeform cutting without rulers or templates; how to join irregular blocks; and the effective use of positive and negative space. Develop scrap management strategies for future projects.

#### All Levels



#### Students to Provide

##### Fabric Selection

This workshop is most suitable for fabrics that read as a single colour such as solids, hand-dyes, batiks, tone on tone prints and small scale prints. Ensure that you have a variety of dark and light coloured fabrics.

##### General Workshop Requirements:

- Assorted fabric scraps in both light and dark colours or at least 8 fat quarters in solid colours (four darks and four lights)
- Rotary cutter with a sharp blade
- Cutting mat
- Chalk pencil (Brenda likes Clover Chaco liners)
- Neutral-coloured thread for piecing
- Sewing machine in good working order with 1/4in foot
- Spray starch (optional)
- Digital camera or camera phone
- Batting, flannel sheet or similar to use as a design wall, & blue painters tape

#### Sewing Machine Required

## Mid-Atlantic Quilt Festival Workshop Catalog

### Brenda Gael Smith

#### VA055 - Zig Zag Pizzazz

Full-Day Workshop - \$105

9 am - 4pm, Friday, February 27

Create energetic designs with flair and style using freeform piecing techniques. Brenda will guide you step-by-step through colour, construction, and composition exploring zig-zag lines and shapes.

#### All Levels

#### Students to Provide

General:

- Sewing machine in good working order with 1/4 inch foot (or equivalent needle setting) with knee lift (if you have one)
- Rotary cutter with a SHARP blade
- Cutting mat and ruler
- Chalk pencil (Brenda likes Clover Chaco liners)
- Neutral-coloured thread for piecing
- Spray starch (optional)
- Digital camera or camera phone
- Batting, flannel sheet or similar to use as a design wall, & blue painters tape

Fabrics:

This workshop is most suitable for fabrics that read as a single colour such as solids, tone-on-tone prints and small-scale prints. Ensure that you have a variety of dark and light-coloured fabrics. Not suitable for large-scale prints or hand-dyes/batik with a lot of variation of colour.

Warm Up Exercises:

Please precut:

- Two 3" x12.5" rectangles in contrasting colours
- One 10" x3" rectangle and one 10" x4" rectangle in the same colour and a 1" selvedge to selvedge strip in a contrasting colour
- Two 4" x15" rectangles in contrasting colours.

Further exercises:

Assorted fabrics in both light and dark colours.

#### Sewing Machine Required



## Mid-Atlantic Quilt Festival Workshop Catalog

### Brenda Gael Smith

#### VA056 - Geometricks

Half-Day Workshop - \$70

9 am – 12 pm, Saturday, February 28

Tips and tricks for creating geometric shapes with freeform piecing: triangles, quadrilaterals, and hexagons. Explore the design possibilities of repeating motifs and learn how to join irregular shaped blocks.

#### All Levels

#### Students to Provide

General:

- Sewing machine with 1/4 inch foot (or equivalent needle setting)
- Rotary cutter with a SHARP blade and cutting mat
- Quilters ruler
- Chalk pencil (Brenda likes Clover Chaco liners)
- Neutral-coloured thread for piecing
- Spray starch (optional)
- Extension cord/power strip
- Notebook, digital camera or camera phone
- Name tag
- Batting, flannel sheet or similar to use as a design wall, & blue painters tape

Fabrics:

This workshop is most suitable for fabrics that read as a single colour such as solids, hand-dyes, batiks, tone on tone prints and small- scale prints.

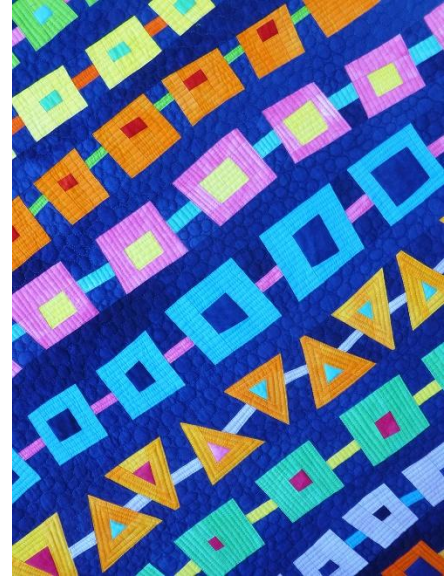
Warm Up Exercises & Samples:

- Four 6 1/2" squares. Two dark and two light.
- Two, 6 1/2" x 4" rectangles. One dark and one light.
- Four 4 1/2" squares. Two dark and two light.
- Two 12" x4" rectangles: one dark and one light.
- One 10" x3" rectangle with a 25"-40" long 1/2" wide strip in contrasting colour
- One 10" x2" strip with a 40" long " wide strip in a contrasting colour

For your own compositions:

- Assorted fabric scraps in both light and dark colours.

#### Sewing Machine Required



## Mid-Atlantic Quilt Festival Workshop Catalog

### Brenda Gael Smith

#### VA057 - Bodacious Beads

Half-Day Workshop - \$70

1 pm - 4pm, Saturday, February 28

Learn a free-form piecing technique for a versatile bead motif that can be incorporated into your own personal designs. Brenda will be talking about colour, construction and composition for creative momentum. She will share how to make strips of beads and structural variations to create intriguing interlocked designs. She will also share a collection of quilts that feature bead motifs.

#### All Levels

#### Students to Provide

General:

Sewing machine with 1/4 inch foot (or equivalent needle setting)

Rotary cutter with a SHARP blade and cutting mat

Chalk pencil (Brenda likes Clover Chaco liner)

Neutral-coloured thread for piecing

Spray starch (optional)

Fabric Requirements:

This is NOT a precision project. The design can be scaled up or down to fit the size of YOUR composition. The sample shown is approximately 24x24 inches. As a guide, to make a single set of light beads against a dark/contrasting background, you will need:

One 15" x3" strip of light fabric for the beads

One 15" x1" strip of light fabric for the strings

Two 15" x1½" strips of dark fabric for the background

Two 24" x1½" strips of dark fabric for the sides

To make multiple sets, similar to the sample, you will need:

One fat quarter of dark background fabric (at least 18" x22")

One 15" x3" strip

#### Sewing Machine Required



## Mid-Atlantic Quilt Festival Workshop Catalog

### Eileen Sullivan

#### VA058 - Snowflakes & Colored Crystals

Half-Day Workshop - \$50

1 pm - 4pm, Thursday, February 26

Learn to foundation piece intricate snowflakes and crystal blocks with freezer paper foundations provided in class. We will begin the project in class to be completed at home.

Skills learned in class will help you with any foundation piecing project in the future.

**Advanced Beginner Level & Above**

#### Students to Provide

Supplies: Machine, neutral thread, rotary cutter and mat, ruler, small iron and ironing surface, scissors, pins

Size: Each block is 11" in diameter

Fabrics: Fat quarters will be adequate

Snowflake: White and background

Crystals: 4 -6 colors plus background

**Sewing Machine Required**



## Mid-Atlantic Quilt Festival Workshop Catalog

### Joyce Teng

**VA059 - Creating Indigo Fabrics with Tsukineko Inks** Half-Day Workshop - \$45

Half-Day Workshop - \$45

1 pm - 4 pm, Thursday, February 26



Discover the magic of creating indigo fabric in a hands-on workshop! This brand-new class is an introduction on how to create fabric using Joyce's NEW INDIGO FORMULA with Tsukineko inks. Learn basic techniques such as pleating, twisting, and crunching. Students will create unique pieces that reflect their personal style, from bold geometric designs to soft, organic patterns. No prior experience is needed - just a sense of curiosity and a willingness to get your hands a little blue. Come ready to play, discover, and be amazed by the timeless beauty of indigo!

#### All Levels

**Required Kit: \$30, payable to the instructor** includes indigo inks and tools for creating fabrics.

#### Students to Provide

Masking tape or painter's tape

Paper towels

Brown lunch paper bag (for trash)

Barbasol foam shaving cream

(3) 2oz CLEAR spray bottles with one-third of 70% or 91% rubbing alcohol

(3) 2oz Clear squirt bottles

Small container with lid, approximately 12 x 6 x 4 (Sterlite shoe storage, or similar)

Cotton Fabrics

- (6) pieces of 6" square white

- (6) pieces of 6" square white printed

- (6) pieces 13" square white

- (2) pieces of 3" x 22" white printed

- (2 or 3) pieces of 6" square UGLY ("What was I thinking") fabrics that are a challenge to use and modify to make "prettier"

Clothes Hanger with Clips (HOLDS FABRIC IN THE AIR WHILE SPRAYING)

Sleeve protector, Apron, Plastic gloves, and Scissors.

All supplies are available in Joyce's booth - fabric inks, fiber art supplies, brushes & sponges, and stencils. You can pre-purchase the full set of inks or markers at a discounted price. To do so, please call Joyce at (713) 664-9943 at least one month before the show.

## Mid-Atlantic Quilt Festival Workshop Catalog

### Joyce Teng

#### VA060 – The Art of Shibori: Advanced Indigo Techniques with Tsukineko Inks

Half-Day Workshop - \$45

1 pm - 4 pm, Friday, February 27

Step into the world of Shibori, the centuries-old Japanese art of shaping and dyeing fabric to create mesmerizing patterns. In this hands-on workshop, you'll learn 5 Shibori techniques – Pleated and Tied, Scrunches, Arashi, Itajime, and Ori Nu Stitch. See how you can transform plain cloth into stunning works of wearable art. Using Joyce's NEW INDIGO FORMULA with Tsukineko inks, you'll watch your creations come to life as they shift from white to deep, luminous blue. This class is an invitation to play, discover, and connect with a timeless art form. You'll leave with your own hand-dyed textiles, ready to add to your quilts or wearable art—and the inspiration to keep creating.



#### Confident Beginner/Intermediate

**Required Kit:** \$30, payable to the instructor – includes indigo inks and tools for creating fabrics, needle, thread

#### Students to Provide:

- Masking tape or painter's tape
- Paper towels
- Brown lunch paper bag (for trash)
- (3) 2oz CLEAR spray bottles with one-third of 70% or 91% rubbing alcohol
- (3) 2oz Clear squirt bottles
- Small container with lid, approximately 12 x 6 x 4 (Sterlite shoe storage, or similar)
- Basting needle
- Bonded nylon thread - upholstery weight
- Cotton Fabrics
- (8) pieces 13" square white
- - (2) pieces of 3" x 22" white printed
- Clothes Hanger with Clips (HOLDS FABRIC IN THE AIR WHILE SPRAYING)
- Sleeve protector, Apron, Plastic gloves, and Scissors.

All supplies are available in Joyce's booth - fabric inks, fiber art supplies, brushes & sponges, and stencils.

You can pre-purchase the full set of inks or markers at a discounted price. To do so, please call Joyce at (713) 664-9943 at least one month before the show.

## Mid-Atlantic Quilt Festival Workshop Catalog

### Pat Yamin

#### VA061 - It's a Mystery

Full-Day Workshop - \$90

9 am - 4pm, Thursday, February 26



Join Pat Yamin for a day of fun, sewing, and lots of laughs, and the chance to meet new quilting pals. Most of us dislike having to select and coordinate the fabric and do the rotary cutting. Pat has pre-cut laser kits for you, with the 1/4" seam allowance included. The easiest and best way to sew a Mystery quilt. Pat will be giving you directions and diagrams for each step. The pattern is a Mystery till the final clue is revealed. This is the perfect class for everyone - you, your family, and your friends! Quilt is 58" x 85". Sign up early as space is limited to 25

#### All Levels

**Required class kit, \$110 payable to the instructor in class, includes laser-cut fabric for the complete quilt top 58" x 85" and complete directions and diagrams to complete at home.**

#### Students to Provide

Sewing Machine in good working order

1/4" foot

Neutral color thread

Small Scissors

Seam Ripper

Foot Pedal for the Machine

#### Sewing Machine Required

## Mid-Atlantic Quilt Festival Workshop Catalog

### Pat Yamin

#### VA062 – Solving a Mystery

Half-Day Workshop - \$65

9 am – 12 pm, Friday, February 27



Join Pat on Friday morning for this half day of fun and sewing. What a great class to take along with a friend or meet new ones in the class. Since most of us dislike having to select and coordinate the fabric, and do all the rotary cutting, Pat has pre-cut laser kits you will be using. This is the easiest and most accurate way of creating a Mystery Quilt. The 1/4" seam is included so you can begin sewing right away. The pattern is a Mystery till the final clue is given.

#### All Levels

**Required class kit**, \$75 payable to the instructor in class, includes laser cut fabric for the complete quilt top 45 x 45" and complete directions and diagrams to complete at home.

#### Students to Provide

Sewing Machine in good working order

Foot Pedal for the Machine

Neutral colored thread

Small scissors

1/4" foot

Seam Ripper

Straight Pins

#### Sewing Machine Required

## Mid-Atlantic Quilt Festival Workshop Catalog

### Pat Yamin

#### VA063 - Hand Quilting

Full-Day Workshop - \$90

9 am - 4pm, Saturday, February 28

Spend a fun day with Pat Yamin on Saturday 02-28-2026 learning the best and easiest way to hand quilt. Pat has been hand quilting for over 40 years and uses time-honored techniques that will give you perfect stitches. In her class you'll learn how to prepare your project - a 16" pre-marked quilting design for a beautiful pillow - and Pat will teach you how to make those tiny stitches we all adore on antique quilts. This is the most relaxing class ever and when it's over you'll have had the best tips and techniques for hand quilting your large quilt! No hoops or safety pins are needed, because you've already taken the time to carefully prepare and baste your top.

#### All Levels

**Required class kit**, \$25 payable to the instructor in class, includes the marked quilting pattern.

#### Students to Provide

2 Fat Quarters (one solid and one print)

Your favorite quilting thread

Quilting Needles (I sometimes like sharps, their thin and bend)

Thimble (if you use one)

Small Scissors

Needle Threader



## Mid-Atlantic Quilt Festival Workshop Catalog

### Lectures, Meet & Greet and the Fashion Show are Included with the \$30 Pre-Registration Fee

Not pre-registered? No problem! General admission wristband holders can attend the lectures and Meet & Greet for just \$20.00 or the Fashion Show for \$15.00. Visit the Workshop Registration counter to purchase your ticket.

## LECTURES

### Sue Nickels

*2026 Early Bird Lecture*

#### VALec101 - Adventures in Machine Quilting with Sue Nickels

Lecture – Included with Registration  
6 pm, Wednesday, February 25

In this informative lecture, Sue will discuss her journey from hand quilter to machine quilter. Next, Sue will show slides of how to successfully machine quilt your quilt on the home sewing machine, including her latest ruler work ideas. Some of Sue's favorite quilts will be shown and how she quilted them. There will time for questions at the end. Enjoy this journey with Sue!



### Joyce Hughes

#### VALec102 - My Journey into Quilting Lecture and Thread Painting Demonstration

Lecture – Included with Registration  
4:30 pm, Thursday, February 26

**Joyce Hughes' Lecture is immediately  
followed by Meet & Greet**

Joyce Hughes, an award-winning thread painting quilt artist, teacher, and author, will share her inspiring journey into the world of quilting during her lecture demonstration. Joyce's lecture will recount how she discovered her passion for quilting and thread painting - sharing pivotal moments and experiences that shaped her artistic journey, leading into creating art quilts with dimensional thread painting, finishing with ideas on



## Mid-Atlantic Quilt Festival Workshop Catalog

### CONTINUED: VALec102 – My Journey into Quilting Lecture ...

how to use panels for art quilting. Joyce delves into the challenges she faced along the way, as well as the triumphs and milestones that marked her progression as an artist. Throughout the presentation, Joyce will provide valuable insights, techniques, and tips garnered from her years of experience, aiming to inspire fellow quilters to explore their own creativity and express themselves through the art of dimensional thread painting.

## MEET & GREET

### VAMeet

5:30 pm, Thursday, February 26  
(immediately following Joyce Hughes' lecture)

Join us on Thursday, February 26, at 5:30 pm for a special Meet & Greet with the faculty! First, be inspired by Joyce's lecture, My Journey into Quilting Lecture and Thread Painting Demonstration. Afterward, enjoy lively conversation with the festival's faculty. Bring projects to share and your quilting questions. It's all fun and quilting at the Mid-Atlantic Quilt Festival!



## THE M-AQF FASHION SHOW

### Mery Ann Butler

**VAFS103 – Wonderful World of Wearable Art:  
From Casual to Dazzling!**

Fashion Show – Included with Registration  
4:30 pm, Friday, February 27

You'll be delighted and inspired by the wide range of Meryl Ann's stunning wearable art ensembles, from everyday garments to her iconic showpieces previously seen in international fashion shows.



## Mid-Atlantic Quilt Festival Workshop Catalog

### QUILT-O

Pat Yamin

VAQuiltO104 – \$22

7 pm, Friday, February 27 **Quilt-O**

Kick back, relax, and enjoy a night of laughter and friendly competition with Pat Yamin and fellow quilters at our ever-popular **Quilt-O** event! Join us

on **Friday night at 7:00 PM** to play this quilter's twist on Bingo—complete with quilt-themed cards and M&Ms for markers. Just remember: **don't eat your markers** or you'll be out of the game! This fun-filled evening is a festival favorite and **sells out every year**, so don't wait to reserve your spot. Gather your quilting friends and get ready for a night of games, giggles, and great memories.

Pat is just as excited for the 2026 Mid-Atlantic Quilt Festival as you are—so don't miss out! **Space is limited—sign up early to guarantee your seat at this must-attend event!**

